

YMCA Remix 2022

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: JMP (KOR) - March 2022
音樂: Y.M.C.A. (Royal Gigolos Remix) - Village People & DJ Tyson



Start : After 32 Count

***1 TAG : After wall 2 (6:00) – 12 count (Please refer to the video)**

- 1 - 8 Turn right half way and express the YMCA alphabet with your hands – 12:00
- 1 - 4 Walk (R-L-R-L) – Half turn right in a circle (6:00)

S1 (1-8) Rock Side, Recover, Sailor Step (R-L)

- 1 - 4 Rock R to side (1), Recover L (2), Step R behind L (3), Step L to side (&), Step R to side (4)
- 5 - 8 Step L behind L (5), Step R to side (&), Step L to side (6), Rock L forward (7), Recover L (8)

S2 (1-8) Pony Step, Mambo Side (R-L)

- 1 - 4 Backward R with knee bend and hitch L (1), Recover L with knee band press (&), Backward R with knee bend and hitch L (2), Backward L with knee bend and hitch R (3), Recover R with knee band press (&), Backward L with knee bend and hitch R (4)
- 5 - 8 Rock R to side (5), Recover L (&), Step R beside L (6), Rock L to side (7), Recover R (&), Step L beside R (8)

S3 (1-8) Hip Bump Twice (R-L), Jazz Box 1/4 Turn Right

- 1 - 4 Step R to side with hip bump(1), Hip bump to left (&), Hip bump to right (2), Step L to side with hip bump (3), Hip bump to right (&), Hip bump to left (4)
- 5 - 8 Cross RF over L (5), Step LF backward (6), 1/4 turn right step RF to side (7), Cross LF over R (8)

S4 (1-8) Mambo Side (R-L), Shuffle Forward (R-L)

- 1 - 4 Rock R to side (1), Recover L (&), Step R beside L (2), Rock L to side (3), Recover R (&), Step L beside R (4)
- 5 - 8 Step R forward (5), Step L behind R (&), Step R forward (6), Step L forward (7), Step R behind L (&), Step L forward (8)

HAVE FUN ~~~

JMP - kiara26@hanmail.net
<https://www.youtube.com/c/JMPLinedanceAtti>

Last Update - 3 June 2023