

# Easy Flow

COPPER KNOB  
STEPPERS

拍數: 40      牆數: 4      級數: Improver  
編舞者: Forty Arroyo (USA) - March 2022  
音樂: Nu Flow - Big Brovaz



A Hayloft Floor Split for the intermediate dance "Nu Flow" by Masters In Line

#31 count intro – starts on count 32

**[1-8] KICK BALL CHANGE, STEP, CLAP, KICK BALL CHANGE, STEP CLAP**

1&2      Kick R forward, Step ball of R in place, Step slightly forward on L  
3,4      Step R forward , Clap  
5&6      Kick L forward, Step ball of L in place, Step slightly forward on R  
7,8      Step L forward, Clap

**[9-16] BACK R, TOUCH L, BACK LEFT, TOUCH R - REPEAT**

1,2      Step back R right diagonal, Touch L next to R  
3,4      Step back L left diagonal, Touch R next to L  
5,6      Step back R right diagonal, Touch L next to R  
7,8      Step back L left diagonal, Touch R next to L

**[17-24] V STEP (OUT, OUT, IN, IN), TAP, TAP, KICK, TOUCH**

1,2      (Out, Out) Step forward R right diagonal, Step L forward L left diagonal  
3,4      Step R in place – original position, Step L next to R  
5,6      Tap R toes next to L – twice  
7,8      Kick R forward – R diagonal, Touch R next to L

**[25-32] CHASSE' R, ROCK, RECOVER, VINE L WITH ¼ L**

1&2      Step R to side, Step L next to R, Step R to side  
3,4      Rock back on L, Recover weight on R  
5-8      Step L to side, Step R behind, Step forward on L making ¼ L, Touch R next to L – end at 9:00

**[33-40] TWO MONTEREY TURNS WITH ¼ TURN RIGHT**

1,2      Touch R out to side, Turning ¼ to right - step R next to L  
3,4      Touch L out to side, Step L next to R  
5,6      Touch R out to side, Turning ¼ to right - step R next to L  
7,8      Touch L out to side, Step L next to R (end at 3:00)