

Good Lord

拍數: 48 牆數: 4 級數: Improver +
編舞者: Guylaine Bourdages (CAN) & Stéphane Cormier (CAN) - March 2022
音樂: Good Lord - Salebarbes : (Album: Gin à l'eau salée)



Intro: 32 counts (after pré intro)

SECTION 1

[1-8] RF Kick Ball Step, RF Stomp forward, Clap, LF Kick Ball Step, LF Stomp forward, Clap,

1&2 Kick RF forward, Ball of RF close of LF, LF Forward

3-4 Stomp RF Forward, Clap

5&6 Kick LF Forward, Ball of LF close of RF, RF Forward

7-8 LF Forward, Clap

SECTION 2

[9-16] RF Heel Grind 1/4R, RF Rock Step Back (2X)

1-2 Right Heel Forward, 1/4R, LF Slightly back

3-4 RF back, Recover on LF

5-6 Right Heel Forward, 1/4R, LF Slightly back

7-8 RF back, Recover on LF

RESTART on wall 3 facing 12H & on wall 7 facing 9H

SECTION 3

[17-24] Chassé to Right RLR, LF Rock Step Back, Chassé to Left LRL, RF Rock Step back

1&2 RF to right, LF beside RF, RF to right

3-4 LF back, Recover on RF

5&6 LF to left, RF beside LF, LF to left

7-8 RF back, Recover on LF

SECTION 4

[25-32] Monterey Turn 1/2R, Jazz Box (finishing LF cross in front of RF)

1-4 Point RF to right, LF beside RF 1/2R, Point LF to left, LF beside RF

5-8 Cross RF in front of LF, LF back, RF slightly to right, LF cross in front of RF

SECTION 5

[17-24] 1/4R Shuffle Forward RLR, Triple LRL with 1/2R, RF Rock Step Back, RF Kick Ball Step

1&2 1/4R, RF forward, LF beside LF, RF forward

3-4 Triple step 1/2R, LF on place, RF beside LF, LF on place

5-6 RF back, Recover on LF

7&8 Kick RF forward, Ball of RF close of LF, LF Forward

SECTION 6

[33-40] Stomp RF Rock Step to R, RF Slow Sailor Stomp, LF Slow Sailor Stomp (Open hands down on count 1 & 5)

1-2 Stomp RF to right, Recover on LF (Open hands down on count 1)

3-4 RF cross behind LF, LF to left

5-6 Stomp RF slightly to right, LF cross behind RF (Open hands down on count 5)

7-8 RF to right, Stomp LF slightly to left

(slowly raise your out stretch right hand above your head on counts 5 to 8 sur les comptes 5 à 8 as they sing « 5 Notre Père »

(End of wall 1 facing 9H) & (End of wall 8 facing 6H)

RESTART after 16 counts on wall 3 (facing 12H) and on wall 6 (facing à 6H)

HAVE FUN ! GUYLAINE & STÉPHANE

Last Update – 22 Mar. 2022
