

Nothin' but a Good Time

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Deborah O'Hara (CAN) & Jamie Marshall (USA) - March 2022
音樂: Nothin' but a Good Time - Rachel Lipsky



*1 Tag / 2 Easy Restarts

A. DIAGONAL STEP FORWARD, DIAGONAL STEP BACK, TRIPLE BACK (2X)

1,2 Step R diagonally forward R (1), Touch L next to R
3,4 Step L diagonally back L to center (3), Touch R next to L (12:00)
Styling: Roll R wrist towards body, over, out towards floor (1,2), reverse back and up (3,4)
5&6 Step R back (5), Step L next to R (&), Step R back (6)
7&8 Step L back (7), Step R next to L (&), Step L back (8) (12:00)
Styling: For triples back, roll arms around in front of chest

B. VINE, ¼, HITCH, STEP, HEEL, TOE, HEEL, HITCH

1,2,3&4 Step R to R (1), Cross L behind R (2), Turn ¼ R, stepping R forward (3), Hitch L (&), Long step L (with lean) to L (4) (3:00)

RESTART: After 4 – Wall 7

5,6,7,8 Swivel R heel to L (5), Swivel R toe to L (6), Swivel R heel to L (7), Swivel R toe to center (8) (3:00)

C. ROCK, RECOVER, STEP, CLOSE, SWIVELS

1,2,3,4 Rock R over L (1), Recover onto L (2), Step R to R (3), Step L next to R (4)
5,6 Swivel heels to R, slightly bending knees to lower body (5), Swivel toes to R, straightening knees (6),
7,8 Swivel heels to R, slightly bending knees to lower body (7), Swivel toes to R, straightening knees (8)

D. STEP, ¼ PIVOT, CROSS, HOLD, STEP, TOUCH, STEP, HITCH W/ THIGH BRUSHES & SNAP

1,2,3,4 Step L forward (1), Pivot ¼ R, stepping R in place (2), Cross L over R (3), Hold (4) (6:00)

RESTART: After 28 – Wall 9

5,6 Step R to R (5), Touch L next to R (6)
7& Step L to L, brushing hands back against outside of thighs (7) Brush hands forward outside of thighs (&)
8 Hitch R, as clap hands in front of chest (8) (6:00)

TAG: After 3rd Wall

1,2,3,4 Step R to R (1), Touch L next to R (2), Step L to L (3), Touch R next to L (4)