

# Cara Mamma

**COPPER** KNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: V&V Danzz (INA) - March 2022  
音樂: Cara Mamma / Mamma Mia (Dance) - Regina Rey



No tag

Restart on W.6 after 8 C

## Sec.1. Vine step to R, Vine step to L 1/4 turn L. or (Vine step to R, Rolling Vine L)

- 1-2.            Step R side, step L back
- 3-4.            Step R side, step L touch
- 5-6.            Step L side, step R back
- 7-8.            Step L side, step R touch

## Sec.2. Rocking chair, pivot 1/2 turn, rock forward.

- 1-2.            Rf rock forward, recover on L
- 3-4.            Rf rock back, recover on L
- 5-6.            Rf rock forward, pivot 1/2 turn
- 7-8.            Rock forward R & L

## Sec.3. Weave to L, flick, cross point, pivot 1/4 Turn L

- 1-2.            Cross step R over L, L step side
- 3-4.            Cross step R behind L, Flick L with facing R diagonal forward
- 5-6.            Cross step L over R, Touch R toes to R side, Step L forward, 1/4 turn L

## Sec.4. Rock forward, pivot 1/2 R chasse turn, coaster step.

- 1-2.            Rf rock forward, recover on L
- 3-4.            Rf 1/4 turn R, step together Rf/Lf, turn 1/4 R stepping RF forward
- 5-6.            Lf rock forward, recover on R
- 7-8.            Lf step back together Lf, Lf rock forward

Happy dancing & fun

V&V Danzz

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