

Lamento Bachata

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helma Nur (INA) - March 2022
音樂: Lamento Boliviano - Toke D Keda



Start dance on vocal " Me quieren agitar" - No Tag, No Restart

S.1: FULL BOX

1 - 4 Step RF to R side , Step LF together , Step RF forward , Touch LF together
5 - 8 Step LF to L side , Step RF together , Step LF back , Touch RF together

S.2: VINE RIGHT, TURN 3/4 LEFT

1 - 4 Step RF to R side , Cross LF behind RF , Step RF to R side , Touch LF to L side
5 - 8 Turn ¼ Left step LF forward , Turn ½ Left step RF back , Step LF back , Touch RF together

S.3: BASIC BACHATA FORWARD & BACK

1 - 4 Step RF forward , Step LF forward , Step RF forward , Touch LF together
5 - 8 Step LF back , Step RF back , Step FL back , Touch RF together

S.4: SWAY, TOUCH (R - L - R)

1-4 Step RF to R side, sway R - L - R , touch LF beside RF
5-8 Step LF to L side, sway L- R - L , touch RF beside LF

Enjoy The Dance
Stay safe & Healthy
Have a great day

Email : helmanur65@yahoo.com