

# Sweet Little White LIES

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Val Saari (CAN) - March 2022  
音樂: In The Morning - Jennifer Lopez



Begin on the word "Sweet" (following the 4 count pause) One EZ Tag

## WALK FORWARD R,L,R, POINT L, LF STEP BACK, POINT R, MONTEREY TURN 1/4 R, POINT L

1-2            Walk forward, RF, LF  
3-4            Walk forward RF, Point LF toes to the left side  
5-6            LF step back, Point RF toes to right side  
7-8            1/4 turn right step RF together (3:00), Point LF to L side

## LF ROCK/RECOVER SAILOR STEP, STEP TURN L TWICE (1/4, 1/4)

1-2            Rock LF forward, Recover RF  
3&4            Sailor Step LRL  
5-6            Step RF forward, Turn 1/4 turn left (weight on left, optional hip circle)  
7-8            Step RF forward, Turn 1/4 turn left (9:00 weight on left, optional hip circle)\*

## SWAY RL, CROSS SHUFFLE, SWAY LR, SYNCOPATED WEAVE R

1-2            Step RF to R side and sway hips R,L  
3&4            Crossing chassé RLR  
5-6            Step LF to L side and sway hips L,R  
7&8            Step LF behind R, Step RF right, Step LF across R

## RF ROCK/RECOVER, SHUFFLE RLR TURN 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL TURN 1/2 L

1-2            Rock RF forward, recover LF  
3&4            Shuffle back RLR Turn 1/2 R  
5-6            Rock LF forward, recover RF  
7&8            Shuffle back LRL Turn 1/2 L (9:00)

**\*ONE EASY TAG & RESTART: 8 Counts, after 16 counts on Wall 3, facing 3:00**

## RF ROCKING CHAIR, JAZZ BOX

1-2            Rock RF forward, Recover Left  
3-4            Rock RF back, Recover Left  
5-6            Cross RF over Left, Step Left back  
7-8            Step RF to side, Step LF forward

Email: [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com)