

Love to Love

拍數: 44 牆數: 4 級數: High Beginner
編舞者: Marian van der Heijden (NL), Ciska Teunis (NL) & Els Rademaker (NL) - March 2022
音樂: Dance Little Lady Dance - Tina Charles



Intro: 16 counts

Cross mambo R + L, shuffle forward R + L

1 & 2 RF cross rock – recover on LF - RF step R side
3 & 4 LF cross rock – recover on RF - LF step L side
5 & 6 RF step fwd – LF close – RF step fwd
7 & 8 LF step fwd – RF close – LF step fwd

Mambo forward, mambo back, side mambo R + L

1 & 2 RF rock fwd – recover on LF – RF step next to LF
3 & 4 LF rock back – recover on RF – LF step next to RF
5 & 6 RF rock R side – recover on LF – RF step next to LF
7 & 8 LF rock L side – recover on RF – LF step next to RF

Rock step forward, shuffle ½ turn R, shuffle ½ turn R, coaster step

1 – 2 RF rock fwd – recover on LF
3 & 4 RF step back 1/4 turn R – LF close – RF step fwd 1/4 turn R
5 & 6 LF step fwd 1/4 turn R – RF close – LF step back 1/4 turn R
7 & 8 RF step back – LF close – RF step fwd

Side, close, chassé L, step ½ turn L, close, chassé R

1 – 2 LF step L side – RF step next to RF
3 & 4 LF step L side – RF close – LF step L side (turn 1/2 L)
5 – 6 RF step R side – LF close
7 & 8 RF step R side – LF close – RF step R side

Cross mambo behind L + R, cross mambo 1/4 L, Full turn L

1 & 2 LF cross rock behind – recover on RF - LF step L side
3 & 4 RF cross rock behind – recover on LF - RF step R side
5 & 6 LF cross rock behind – recover on RF - LF step fwd 1/4 turn L
7 & 8 RF step fwd 1/4 turn L – LF step back 1/2 turn L – RF step fwd 1/4 turn L

Step in place L R L, point aside

1 – 2 LF step in place – RF step in place
3 – 4 LF step in place – RF point R side

Start over again!