Pasrah



拍數: 32 編數: Easy Intermediate Rumba

編舞者: mBah Wir (INA) - March 2022 音樂: Pasrah - mBah Wir : (Cover)



Intro: 24 counts

***3 Tags at the end of walls 4, 9 & wall 11
*1 Restart during wall 7 after 24 count

S1: MODIFIED RUMBA BOX

Step R to side, Step L next to R, Step R forward, Hold
Step L to side, Step R next to L, Step L forward, Hold

S2: FORWARD ROCK, RECOVER, TURN 1/2 RIGHT, FULL TURN RIGHT

1-4 Rock R Forward, Recover on L, Make ½ right turn step R forward, Hold

5-8 Make ½ right turn step L back, Make ½ right turn step R forward, Step L forward, Hold

S3: FORWARD ROCK, RECOVER, BACKWARD, HOLD, 1/4 LEFT BACK COASTER STEP

1-4 Rock R forward, Recover on L, Step R back, Hold

5-8 Make ¼ left turn sweep L back, Step R next to L, Step L forward, Hold

S4: WEAVE, CROSS BEHIND, SIDE, CROSS OVER, HOLD

1-4 Cross R over L, Step L to side, Cross R behind L, Sweep L from front to back

5-8 Cross L behind R, Step R to side, Cross L over R, Hold

Enjoy the dance

TAG (4 counts)

1-4 Step R to side&sway R, Hold, Sway L, Hold

Restart during wall 7 afer 24 count

For further information about this dance please contact me at: gieorid@yahoo.com