

ABCD Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ipiet Udha (INA) - March 2022
音樂: ILU IMU (Lagi Lagi Ku Tak Bisa Tidur) (Live Version) - Yeni Inka



Sec 1. HITCH – SIDE ROCK - SHUFFLE- CROSS OVER

- 1-2. R knee up – step R to side
- 3-4&. L in place – cross R over L – step L side
- 5-6. Cross R over L – step L side
- 7-8. R in place – cross L over R

SEC 2. HITCH OPEN SIDE AND FWD – LOCK SHUFFLE – TURN ½ RIGHT – STEP FWD

- 1-2. R knee up open side – move knee to fwd
- 3&4 step R to fwd – L behind R – step R fwd
- 5-6. Step L fwd - turn ½ right R fwd
- 7-8. Step L fwd – step R fwd

Sec. 3. SIDE LIFTING – WAIVE – SIDE ROCK – TURN ¼ SHUFFLE

- 1-2 L up left side with the body up – cross L behind R
- &3-4. Step R side – cross L over R – step R side
- 5-6&. Turn ¼ left L fwd - step R fwd – L beside R
- 7-8. Turn ½ left R beside L – L in place

Sec.4. LIFTING FWD AND BACK -TURN ½ RIGHT – TURN ½ RIGHT MARCH

- 1-2 Up R fwd – up R back
- 3-4. Turn ½ right R on up position move fwd step R down - step L fwd
- 5-6. Turn ½ right step R fwd – Step L fwd
- 7-8. Step R fwd – step L fwd

Tag* on walls 3 , 8 - March for 4 counts

Tag** on wall 13 hold/ Pause the music free the style on 8 count

Enjoy the dance

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