

Liquid Courage

拍數: 32 牆數: 4 級數: Improver
編舞者: Jannie Tofte Stoian (DK) - March 2022
音樂: Can't Dance - Cooper Alan : (Clean Version - iTunes)



Intro: 16 counts intro – app. 11 seconds into song.

Tags/Restarts: 2 restarts. On walls 3 and 6 after 16 counts with a small step change. See bottom for details.

[1-8] Step together, Side switches, ¼ L Monterey turn, L chassé touch

1-2 Step R a big step fw (1), step L next to R (2) 12:00
3&4& Point R to R side (3), step R next to L (&), point L to L side (4), turn ¼ L stepping L next to R (&) 09:00
5-6 Point R to R side (5), step R next to L (6) 09:00
7&8& Step L to L side (7), step R next to L (&), step L to L side (8), touch R next to L (&) 09:00

[9-16] Chassé ¼ R, Cross back chassé L, Cross rock

1&2 Step R to R side (1), step L next to R (&), turn ¼ R stepping R fw (2) 12:00
3-4 Cross L over R (3), step R back (4) 12:00
5&6 Step L to L side (5), step R next to L (&), step L to L side 12:00
7-8 Cross rock R over L (7), recover onto L (8) 12:00

[17-24] Out Out knee pop, Rolling vine R, Chassé, Rocking Chair

&1 Step R to R side (&), step L to L side (1) 12:00
2 Pop R knee in, prepping body L (2) 12:00
3-4 Turn ¼ R stepping R fw (3), turn ½ R stepping L back (4) 09:00
5&6 Turn ¼ R stepping R to R side (5), step L next to R (&), step R to R side (6) 12:00
7&8& Rock L fw (7), recover onto R (&), rock L back (8), recover onto R (&) 12:00

[25-32] L shuffle, ¼ L hip roll, Hip roll, Behind side fw together

1&2 Step L fw (1), step R next to L (&), step L fw (2) 12:00
3-4 Turn ¼ L stepping R to R side and rolling hips ccw (3), bump L hip (4) 09:00
5-6 Step down on L rolling hips cw (5), bump R hip (6) 09:00
7& Step R behind L (7), step L to L side (&) 09:00
8& Step R fw (8), step L next to R (&) 09:00

Restarts: walls 3 (starting 06:00) and 6 (starting 09:00)

Dance the first 14 counts and then add the following:

7-8 Step R fw (7), turn ¼ L stepping onto L (8) – RESTART (03:00 on wall 3 and 06:00 on wall 6)

No ending needed!

Good luck & enjoy!