

West Coast Dream

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Frédéric Marchand (FR) - 5 March 2022
音樂: West Coast - OneRepublic



Intro : 16 counts – Start on the word « UP » - Bodyweight on the left foot

Séq: 32 - 32 - 32 - 32 - 32 - 32 - 32 - 32 - 32 - 32 - 4 R - 32 - 32

S1 BACK R, KICK L, BACK L, KICK R, ROCK BACK R, RECOVER L, STEP 1/4 TURN L

1-2 Step Right Back (1) - Kick Left Fwd with Snap (2) [12 o'clock]
3-4 Step Left Back (3) - Kick Right Fwd with Snap (4) RESTART here on the wall 11 facing 6
 o'clock
5-6 Step Right Back (5) - Recover on Left (6)
7-8 Step Right Fwd (7) - Make 1/4 turn left (8) [09 o'clock]

S2 WEAVE, POINT L, CROSS L, 1/4 TURN L, TRIPLE STEP 1/4 TURN L

1-2 Cross Right over Left (1) - Step Left to Left side (2)
3-4 Step Right behind Left (3) - Point Left to Left side with Snap (4)
5-6 Cross Left over Right (5) - Make 1/4 Turn Left stepping Right Back (6) [06 o'clock]
7&8 Make 1/8 turn Left to Left side (7) [04 :30] - Step Right next to Left (&) - Make 1/8 Turn Left
 step Left side (8) [03 o'clock]

S3 CROSS R, SWEEP L, CROSS L, SIDE R, BEHIND L, SWEEP R, BEHIND R, SIDE L

1-2 Cross Right over Left (1) - Sweep Left from back to front (2)
3-4 Cross Left over Right (3) - Step Right to Right side (4)
5-6 Cross Left behind Right (5) - Sweep Right from front to back (6)
7-8 Cross Right behind Left (7) - Step Left to Left side (8)

S4 BALL R, SIDE L, TOUCH R, HALF RUMBA BOX R, STEP L, SWIVEL HEELS R

&1-2 Step Right next to Left (Ball) (&) - Step Left to Left side (1) - Touch Right next to Left (2)
3-4 Step Right to Right side (3) - Step Left next to Right (4)
5-6 Step Right Fwd (5) - Step Left Fwd (Next to Right) (6)
7-8 Turn heels to Right (7) - Return to the center (Weight Ends On Left) (8)

-1 – 32 (Start 12 o'clock – End 03 o'clock)
-2 – 32 (Start 03 o'clock – End 06 o'clock)
-3 – 32 (Start 06 o'clock – End 09 o'clock)
-4 – 32 (Start 09 o'clock – End 12 o'clock)
-5 – 32 (Start 12 o'clock – End 03 o'clock)
-6 – 32 (Start 03 o'clock – End 06 o'clock)
-7 – 32 (Start 06 o'clock – End 09 o'clock)
-8 – 32 (Start 09 o'clock – End 12 o'clock)
-9 – 32 (Start 12 o'clock – End 03 o'clock)
-10 – 32 (Start 03 o'clock – End 06 o'clock)
-11 – 04 (Start 06 o'clock – End 06 o'clock) RESTART
-12 – 32 (Start 06 o'clock – End 09 o'clock)
-13 – 32 (Start 09 o'clock – End 12 o'clock)

Start again with a smile V1-UK-FM le 05/03/2022

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