

Vanita

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Teri Rauschenbach (USA) & Ilona Tessmer-Willis (USA) - March 2022
音樂: La mia vanità - Banda Piazzolla : (Apple music.com - Amazon.com)



Lovely Italian song in the style of rumba/beguine. Improver level dancers are most likely familiar w/restarts which can be heard easily in the music. Dance works w/o the restarts, as well.

Intro. 24 cts

S1 WALK FORWARD R, L, R HOLD, FORWARD L, R, L, HOLD

1-2 R Forward, L Forward
3-4 R Forward, Hold
5-6 L Forward, R Forward,
7-8 L Forward, Hold

S2 R CROSS ROCK, L RECOVER, SWAY, RIGHT FULL TURN WALK

1-2 R Cross Rock over L, L Recover,
3-4 Sway R & L
5-8 R Turn: R Step 1/4 to Right, L Step 1/4 to Right, R Step 1/4 to Right, L Step 1/4 to Right. (note: walk a large circle -as if tracing a hula hoop)

S3 R CROSS, L SIDE, R CROSS, L SIDE ROCK, R RECOVER, L BACK ROCK, R RECOVER, CLOSE

1-2 R Cross over L, L Step Side (stays slightly behind R)
3-5 R Cross over L, L Rock Side, R Recover
6-8 L Rock Back, R Recover, L Close next to R (keep weight on right)

S4: 1/2 L RUMBA BOX, 3/4 LEFT TURN: R 1/2 PIVOT, R 1/4 PIVOT, HOLD (3:00)

1-2 L Step Side, R Close next to L
3-4 L Step Forward, Hold
5-6 R Pivot 1/2 Left
7-8 R Pivot 1/4 to Left, Hold

S5 L FORWARD RUMBA BOX

1-2 L Step Side, R Close next to L
3-4 L Step Forward, Hold
5-6 R Step Side, L Close next to R
7-8 R Step Back, Hold

S6 L STEP BACK, R STEP BACK, L STEP BACK, HOLD, WALK 1/2 LARGE RIGHT CIRCLE TURN: R L R L TAP (9:00)

1-2 L Step Back, R Step Back
3-4 L Step Back, Hold
5-8 R Large Step Forward 1/8 to Right, L Large Step Forward 1/8 to Right, R Large Step Forward 1/4 to Right, L Tap keep weight on right, (keep 1/2 circle large -as if tracing 1/2 hula hoop)

S7 L FORWARD, R PIVOT 1/2 TO LEFT, R FORWARD, L PIVOT 1/2 TO RIGHT, L FORWARD, HOLD (9:00)

1 L Step Forward
2-3 R Pivot 1/2 to Left
4 R Step Forward
5-6 L Pivot 1/2 to Right
7-8 L Forward, Hold

S8 L STEP SIDE, R TOGETHER, L STEP SIDE, R SWEEP OVER LEFT, L STEP BACK, $\frac{3}{4}$ R TURN (NO TURN OPTION BELOW)

- 1-3 L Step Side, R Close next to L, L Step Side
4-5 R Sweep across L
6 L Step Back
7-8 $\frac{3}{4}$ Right Turn: R turn $\frac{1}{4}$ to right (12:00), L Close next to R to complete $\frac{1}{2}$ right turn using balls of feet to new wall (6:00)

[No Turn Option: 7-8 - R Step Back as turning $\frac{1}{4}$ Left, L Close next to R keeping weight on left

Restart

Wall 2 – dance 40 ct & turn $\frac{1}{4}$ right to restart dance (12:00)

Wall 4 – dance 24 ct & restart dance (6:00)

Wall 6 – dance 40 ct & turn $\frac{1}{4}$ right to restart dance (6:00)

Wall 8 – dance 56 ct & turn $\frac{1}{4}$ right to restart dance (12:00)

Enjoy dancing !!

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Please, do not alter this step sheet in any way ie keep in original form. Ty.**
