

Kepada Hati

拍數: 32 牆數: 2 級數: High Intermediate NC2S
編舞者: Diba Munaf (INA) & Vincentius Saptono (INA) - March 2022
音樂: Kepada Hati (Piano Version) - Cakra Khan



Intro 18 count

(1-8) BACK SLIDE, COASTER CROSS, SIDE ROCK, CROSS, FULL L TURN WITH RONDE, CROSS, SIDE

12&3 Slide RF back, Step LF back, Close RF next to LF, Cross LF over RF
4&5 Rock RF to R, Recover onto LF, Cross RF over LF
6&7 Turn 1/4 R Stepping LF back (3.00), Turn 1/2 R Stepping RF fwd (9.00), Turn 1/4 R Stepping LF to L RF making a ronde front to back (12.00)
8& Cross RF behind LF, Step LF to L

(9-16) 1/8 L ARABESQUE, HOLD, BACK, 1/2 R RUN RLR , 1/8 R BASIC NC, 1/4 L (2x)

123 Turn 1/8 L Stepping RF fwd Lifting LF back (10.30), Hold, Step LF back
4&5 Turn 1/2 R Run RLR (4.30)

Variation Movement : PIVOT TURN (3x)

4&5 Turn 1/2 R Stepping RF fwd, Turn 1/2 R Stepping LF back, Turn 1/2 R Stepping RF fwd (4.30)
6&7 Turn 1/8 R Stepping LF to L (6.00), Close RF behind LF, Cross LF over RF
8& Turn 1/4 L Stepping RF back (3.00), Turn 1/4 L Stepping LF to L (12.00)

(17-24) CROSS ROCK, SWEEP, CROSS, 1/4 L FWD, FWD, SPIRAL, RUN, LUNGE, RECOVER

12& Cross rock RF over LF, Recover onto LF, Sweep RF front to back
3&4 Cross RF behind LF, Turn 1/4 L stepping LF fwd (9.00), Step RF fwd
5 Step LF fwd make a full spiral turn to R ending weight on LF
6&7&8 Run fwd RL, Lunge with RF fwd, Recover onto LF

BRIDGE :

On wall 3,5,7 add 2 count :

12 Turn 1/4 R Stepping RF to R (12.00) and Sway RL

On wall 8 add 6 count :

12& Turn 1/4 R Stepping RF to R (12.00), Cross Rock LF over RF, Recover onto RF
34& Step LF to L, Cross Rock RF over LF, Recover onto LF
56 Step RF to R and Sway RL

(25-32) 1/4 R SIDE, SYNCOPATED WAVE, 4 FIGURE, CROSS, SIDE, FWD, PIVOT 1/2 R, FWD, FWD ROCK

12& Turn 1/4 R Stepping RF to R (12.00), Cross LF over RF, Step RF to R
On wall 3, 5, 7, 8 on count 1 don't turn 1/4 R , just step RF to R and continue with the rest of the dance
3&4 Cross LF behind RF, Make a 4 figure with RF, Cross RF behind LF
&5 Step LF to L, Step RF fwd
6&7 Step LF fwd, Turn 1/2 R weight on RF (6.00), Step LF fwd
8& Rock RF fwd, Recover onto LF

Tag : After wall 2 & 3 add 4 count

12& Step RF to R, Rock LF back, Recover onto RF
34& Step LF to L, Rock RF fwd, Recover onto LF

Enjoy the music & the dance!

Contact : dibamunaf@gmail.com & tv saptono@gmail.com

Last Update 18 Mar. 2022
