

MeRe SoNA

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Andrico Yusran (INA) - March 2022
音樂: Joget India Remix O Mere Sona || Lagu Acara Terbaru (Remix Arjhun Kantiper)



Tags :

- 8 counts after walls 1 & 7
- 4 counts after walls 2 , 3 , 8

Restarts :

- On wall 5 after 24 counts
- On wall 6 after 16 counts

Start dance after intro 32 counts (on lyrics)

S1. *ROCK SYNCOPATED - BACK ROCK - FORWARD SHUFFLE*

- 1&2& Step R forward , L in place , R back , L in place
3&4 R forward , L in place , R back
5-6 L back , Recover on R
7&8 L forward - R close beside R , L forward

S2. *SIDE CHASSE DIAGONAL (R-L) - JAZZ BOX 1/4 TURN TO R*

- 1&2 Step R forward diagonal to L (10.30) , L close beside R , R to side
3&4 L forward diagonal to L (1.30) , L close beside R , R to side (12.00)
5-8 R cross over L , L 1/4 turn to R , R to side , L forward

(Restart Here on wall 6 weight on L)

S3. *SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH - CROSS SHUFFLE (R-L)*

- 1&2 Step R side touch , R close touch beside L , R side touch
3&4 R cross over L , L side , R cross over L
5&6 L side touch , L close touch beside R , L side touch
7&8 L cross over R , R side , L cross over R

(Restart here on wall 5)

S4. *HIP BUMP - COASTERSTEP (R-L)*

- 1&2 Step R touch forward with Bump Up , Down , Up (weight on L)
3&4 R back , L close beside R , R forward
5&6 L touch forward with Bump Up , Down , Up
7&8 L back , R close beside L , L forward (weight on L)

TAG 8 COUNTS

V STEP - HIP BUMP - CROSS BEHIND - SIDE

- 1-4 Step R forward diagonal to R , L forward diagonal to L , R back to centre , L close beside R
5&6 R touch to side with Bump Up, Down , Up
7-8 R cross behind L , L to side (weight on L)

TAG 4 COUNTS

V STEP

- 1-4 Step R forward diagonal to R , L forward diagonal to L , R back to centre , L close beside R

Dancing with Your Heart...♥