Teach Me How To Love



編舞者: Sophia KSF (MY) - March 2022

音樂: Teach Me How To Love - Shawn Mendes



SEQUENCE: A BB Tag A-(46C) BB A-(32c)A-(32c) BB A-(32c)A-(32c)

Tag - Hold for 2 counts

Dance starts 3 sec into music, start of vocal

PART A

Section 1: RF side rock recover on LF, behind side cross, LF side rock recover on RF, behind side forward

1-2 Rock RF to right and recover on LF

3&4 RF behind LF, LF to left, cross RF over LF

5-6 Rock LF to left and recover on RF7-8 LF behind RF, RF to right, forward LF

Section 2: RF forward, recover on LF, ¼ right, RF to R, close LF to RF, point RF and drag in, point LF and drag in

1-2 RF forward, recover onto LF

3-4 RF to right with 1/4 right turn, close LF to RF

Point RF to right by bending slightly, drag in towards LF with inner edge of RF Point LF to left by bending slightly, drag in towards RF with inner edge of LF

Section 3 : Point LF over RF, ½ turn left sweep, LF back, RF touch forward with hip bump, diagonal lockstep right left

1 Point LF over RF

2-3 ½ turn left, sweeping LF from front to back, step back on LF

& 4 Touch RF forward lifting right hip up and down

5&6 RF forward diagonal right, lock LF behind RF, RF forward 7&8 LF forward diagonal left, lock RF behind LF, LF forward

Section 4: Step back on right, point left, step back on left and point right x 2

Step RF back, point LF to left
Step LF back, point RF to right
Step RF back, Point LF to left
Step LF back, point RF to right

Section 5: Jazzbox, RF forward, pivot ½ turn L, ½ turn L RF back, ¼ turn L, LF to L

1-2 Cross RF over LF, step LF back3-4 Step RF to right, LF forward

5-6 RF forward, pivot ½ turn left, LF in place 7-8 ½ turn left with RF back, ¼ turn left, LF to left

Section 6 : Shuffle RF forward, forward left, pivot ½ turn R, forward left mambo, RF to R recover on LF, touch RF besides LF

1&2 RF forward, LF next to RF, RF forward
3-4 LF forward, pivot ½ turn right, weight on RF

5&6 LF forward, RF in place, LF back

7&8 RF to right, recover weight on LF, RF touch next to LF

PART B

Section 1: RF press forward, place hands across body, change side, run hands down side of body while

doing body roll

1-2	Press RF forward, right hand touch left shoulder (1), left hand touch right waist (2)
3-4	Draw both hands to opposite side (right hand on right shoulder, left hand on left waist)

5-8 Run both hands down side of body while doing a full body roll

Section 2 : Right sailor steps, Left sailor steps, RF step & touch LF, LF step & touch RF (option to roll hips)

1&2 RF behind LF, LF to left and RF to right
3&4 LF behind RF, RF to right and LF to left
5-6 Step RF in place, touch LF to left
7-8 Step LF in place, touch RF to right

ENJOY THE DANCE!!

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