

Misery Business

COPPERKNOB
STEPSHEETS

拍數: 72 牆數: 4 級數: Phrased Intermediate
編舞者: Noah Sierra (USA) - March 2022
音樂: Misery Business - Paramore : (Album: Riot!)



Intro counts: 32 (start on vocals)

Dance pattern: AA B CC BB AA B CC BB A CC B CC A

A Pattern: VINE R, VINE L W/ ¼ PIVOT, ROCK/RECOVER R, PIVOT ½ R HEEL, R TOE, STEP R, TOUCH L TOE, L HEEL, STEP L, KICK R, STEP R, STEP L, TOUCH R, K STEP.

A (1):

1-2 Step RF to R side, cross LF behind RF.
3-4 Step RF to R side, touch LF on RF.
5-6 Step LF to L side, cross RF behind LF.
7-8 Step LF to L side, touch RF on LF while turning ¼ to the left.

A (2):

1-2 Rock RF forward, recover/step on LF.
3-4 Rock RF backward, recover/step on RF.
5-6 Step RF forward, pivot ½ L.
7-8 Touch R heel forward, touch R toe backward.

A (3):

1-2 Step RF on LF, touch L toe backward.
3-4 Touch L heel forward, step LF on RF.
5-6 Kick RF forward, step RF on LF.
7-8 Stomp LF in place, stomp RF in place.

A (4):

1-2 Step RF diagonally forward, touch LF on RF.
3-4 Step LF diagonally backward, touch RF on LF.
5-6 Step RF diagonally backward, touch LF on RF.
7-8 Step LF diagonally forward, step RF on LF.

B pattern: ROCK/RECOVER R, ½ PIVOT, STEP R FORWARD, STEP L FORWARD.

1-2 Rock RF forward, recover/step on LF.
3-4 Rock RF backward, recover/step on RF.
5-6 Step RF forward, pivot ½ L.
7-8 Step RF forward, step LF forward.

C Pattern: R HEEL, L HEEL, PIVOT ¼ L, STEP R, STEP L, STEP BACK X2, STEP FORWARD X2, TOUCH R TOE, TOUCH RF, SLIDE R, TOUCH LF, SLIDE L, R HEEL, K STEP, WALK FORWARD X2.

C (1):

1-2 Touch R heel forward, step RF on LF.
3-4 Touch L heel forward, step LF on RF.
5-6 Step RF forward, pivot ½ L.
7-8 Step RF forward, step LF forward.

C (2):

1-2 Step RF backward, step LF backward.
3-4 Step RF forward, step LF forward.

5-6 Touch RF to R side, touch RF on LF.
7-8 Step RF to R side, slide LF into RF.

C (3):

1-2 Touch LF to L side, touch LF on RF.
3-4 Step LF to L side, slide RF into LF.
5-6 Touch R heel forward, touch RF on LF.
7-8 Step RF diagonally forward, touch LF on RF.

C (4):

1-2 Step LF diagonally backward, touch RF on LF.
3-4 Step RF diagonally backward, touch LF on RF.
5-6 Step LF on RF, touch RF on LF.
7-8 Step RF forward, step LF forward.

Please do not alter this step sheet in any way. If you would like to use on your website, please make sure it is in its original format and include all contact details on this script.

Email: noah.sierra.business@gmail.com
