

Stop The Rain

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Benjamin Harris (AUS) - March 2022
音樂: Stop The Rain - Ed Sheeran



Starting position: Feet Together, Weight on Left

Intro: 48 counts (Start with the first chorus, on the word "Rain")

Dorothy Step, Step Together, Heel Raise/Lower, Together-Across, Side, Behind-Side-Across

1,2 Step R forward, Lock L behind R
&3 Step R forward, Step L together (Angle slightly towards L diagonal)
&4 Lift both heels off the floor, Lower both heels keeping weight on R
&5,6 Step L together, Step R across in front of left, Step L to L side
7&8 Step R behind L, Step L to L side, Step R across in front of L (12:00)

Side Rock, Recover, Behind-Side-Across, Side Rock, Recover with ¼ Turn Hook, Step-Lock-Step

1,2 Rock L to L side, Recover R
3&4 Step L behind R, Step R to R side, Step L across in front of R
5,6 Rock R to R side, Recover L with ¼ R hook R in front of L (3:00)
7&8 Step R forward, Lock L behind R, Step R forward (3:00)

Out-Out, Click, Hip Roll x2, Across-Back-Back, Across-Back-½ Forward

&1,2 Step L out, Step R out, Lift both hands in line with head and click fingers
3,4 Roll hips R, Roll hips L
5&6 Step R across in front of L, Step L back slightly diagonal L, Step R back slightly diagonal R
7&8 Step L across in front of R, Step R back slightly diagonal R, ½ turn L stepping L forward (9:00)

Paddle ¼ Turn, Cross Shuffle, ¼ Back, ¼ Side, Across-¼ Back-½ Forward

1,2 Step R forward, Paddle ¼ turn L weight on L (6:00)
3&4 Step R across in front of L, Step L to L side, Step R across in front of L
5,6 ¼ turn R stepping L back, ¼ turn R stepping R to R side (12:00)
7&8 Step L across in front of R, ¼ turn L stepping R back, ½ turn L stepping L forward** (3:00)

Nightclub Basic, Side, Behind, ¼ Forward, Hold, Ball-¼-Ball-¼

1,2& Step R to R side, Rock L behind R, Recover R
3,4,5,6 Step L to L side, Step R behind L, ¼ turn L stepping L forward, Hold (12:00)
&7 Step R slightly forward on ball of the foot, ¼ L stepping L in place (9:00)
&8 Step R slightly forward on ball of the foot, ¼ L stepping L in place (6:00)

Nightclub Basic, Side, Behind, ¼ Forward, Hold, Ball-½ -Ball-½

1,2& Step R to R side, Rock L behind R, Recover R
3,4,5,6 Step L to L side, Step R behind L, ¼ turn L stepping L forward, Hold (3:00)
&7 Step R slightly forward on ball of the foot, ½ L stepping L in place (9:00)
&8 Step R slightly forward on ball of the foot, ½ L stepping L in place (3:00)

Restarts: Walls 4 and 5, dance up to count 32 () and restart the dance**

Contact: ben.harris245@gmail.com Enjoy! :-)

Free to be copied provided no changes are made to the original choreography.

