

Ada Aku Disini

拍數: 32 牆數: 4 級數: Improver
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音樂: Ada Aku Disini - Dhyo Haw



Intro: 52 count

S1. FORWARD MAMBO, BACK MAMBO, DIAGONAL FORWARD LOCK SHUFFLE RIGHT & LEFT

1&2 Rock R forward – Recover on L – Step R back (12:00)
3&4 Rock L back – Recover on R – Step L forward
5&6 Step R diagonal forward – Lock L behind R – Step R diagonal forward
7&8 Step L diagonal forward – Lock R behind L – Step L diagonal forward (12:00)

S2. VAUDEVILLE, FORWARD MAMBO, RUN BACK L-R-L

1&2& Cross R over L – Step L to side – Touch R toes diagonal forward – Step R together (12:00)
3&4& Cross L over R – Step R to side – Touch L toes diagonal forward – Step L together
5&6 Rock R forward – Recover on L – Step R back
7&8 Step L back – Step R back – Step L back (12:00)

S3. COASTER STEP, FORWARD LOCK SHUFFLE, MAMBO TURN 1/4 RIGHT, CROSS SHUFFLE

1&2 Step R back – Step L together – Step R forward (12:00)
3&4 Step L forward – Lock R behind L – Step L forward
5&6 Rock R forward – Recover on L – Turn ¼ right step R to side (3:00)
7&8 Cross L over R – Step R to side – Cross L over R (3:00)

S4. SAMBA WHSIK RIGHT & LEFT, PADDLE TURN 1/4 LEFT (2X)

1 a2 Step R to side – Rock L behind R – Recover on R (3:00)
3 a4 Step L to side – Rock R behind L – Recover on L
5-8 Step R forward – Turn ¼ left weight on L – Step R forward – Turn ¼ left weight on L (9:00)

Note : For Samba Wisk Steps, can be replaced the a count to &

1&2 Step R to side – Rock L behind R – Recover on R
3&4 Step L to side – Rock R behind L – Recover on L

REPEAT

For more info about step sheet & song, please contact:

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