

If I let You Go

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maria Tao (USA) - March 2022
音樂: If I Let You Go - Westlife : (CD: Greatest Hits Popular 2020)



Note: 8 counts intro; (1 Tag; 1 Restart)

[S1] SIDE, BACK ROCK, RECOVER, 1/2 TURN L SHUFFLE BACK, 1/4 TURN L, CROSS POINT, SIDE ROCK, RECOVER

1-2-3 Step L to L, rock R back, recover onto L
4&5 1/4 turn L stepping R back, step L next to R, 1/4 turn L stepping R back [6:00]
6-7 1/4 turn L stepping L to L, cross point R over L [3:00]
8& Rock R to R, recover onto L

[S2] STEP BEHIND, 1/4 TURN L BACK ROCK & POP KNEE, STEP FWD, FWD LOCK STEP, FWD ROCK, RECOVER, 1/2 TURN R SAILOR STEP

1-2-3 Step R behind L, sweep 1/4 turn L crossing rock L behind R and pop R knee, step R forward [12:00]
4&5 Step L forward, lock R behind L, step L forward
6-7 Rock R forward, recover onto L
8& 1/2 turn R crossing step R behind L, step L to L [6:00]

[S3] STEP FWD, TOUCH, SIDE, BACK ROCK, RECOVER, SIDE, TOE TOUCH, 1/4 TURN L & FLICK, CROSS, SIDE ROCK

1-2-3 Step R forward, touch L next to R, step L to L
4&5 Rock R back, recover onto L, step R to R
6-7 Touch L toe in front of R, swing 1/4 turn L stepping L beside R & flicking R out [3:00]
8& Cross R over L, rock L to L

[S4] RECOVER, CROSS, 1/4 TURN L FLICK, FWD LOCK STEP, STEP FWD, PIVOT 1/2 TURN R, 1/4 TURN R SIDE, TOGETHER

1-2-3 Recover onto R, cross L over R, 1/4 turn L flicking R back [12:00]
4&5 Step R forward, lock L behind R, step R forward
6-7 Step L forward, pivot 1/2 turn R (weight on R) [6:00]
8& 1/4 turn R stepping L to L, step R next to L [9:00]

START AGAIN!

TAG: Add 4 counts tag at the end of WALL 3 (facing 3:00)

1-2 Step L to L, touch R next to L
3-4 Step R to R, touch L next to R

RESTART: On WALL 8 - dance up to count 18 (count 2 of S3) - then restart the dance (facing 9:00)