

The Driscoll Tipple

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Barbara Driscoll - March 2022
音樂: The Teacher's Snow Day - Gaelic Storm : (Album: Matching Sweaters)
或: Freefalling - Michael McGoldrick : (Album: Aurora)



Adapted by: Kat Couree and Peter Dryden (USA) December 2021

Start @ 14 seconds (when flutes start)

Alternate music: Freefalling by Michael McGoldrick; Album: Aurora Length: 4:28
Start: at 3.5 seconds in

Section I - Point(forward), lift (leg extended), triple, point(forward), lift(leg extended), triple

1-2 Touch right toe forward (leg extended), raise right leg keeping toe forward
3&4 triple in place (r, l, r)
5-6 Touch left toe forward (leg extended), raise left leg keeping toe forward
7&8 triple in place (l, r, l)

Section II - Cross right over left, bend knees (dip down, bring right heel up), bend both knees, up quickly, step on right.

1-2 Cross right over left bending both knees (leave right heel up), straighten legs
&3 bend knees (right heel up), straighten
&4& step in place right, left, right (end with left foot heel up)
5-6 point left toe forward (leg extended), flick
7&8 ¼ right turning triple (l,r,l)

Section III - Rock, recover, ½ shuffle (R), pivot ½, ¼ turn shuffle

1-2 Rock right forward, recover on left
3&4 Step right back (turning right ½), step left next to right, step right in place*
5-6 Step left forward, pivot ½ right (transfer weight to right foot)
7&8 step left forward turning a ¼ left, step right together, step left to side

Section IV - Side, behind, side, ball lift, repeat w/ ¼ left

1-3 step right to side, step left behind, step right to side
4,& step on ball of left foot (lifting whole body straight up), land on right ball, (touch left next to right
5-7 step left to side, step right behind left, step left to left turning ¼ left
8,& step on ball of right foot (lifting whole body straight up), land on left ball, touch right foot next to left

Repeat. Enjoy!

Submitted by peterdryden67@gmail.com