

# And Most People

COPPER KNOB  
BYEFOOTPRINTS

拍數: 32      牆數: 4      級數: Improver  
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音樂: Most People - R3HAB & Lukas Graham



<https://music.apple.com/us/album/most-people/1590594902?i=1590595273>

Intro: 32 Counts, Start at approx 0.21 secs  
Start by standing with feet apart.

## SEC 1 Twist $\frac{1}{4}$ Sweep, R Coaster Step, L Shuffle $\frac{1}{2}$ Turn R, $\frac{1}{4}$ Turn R & Point L, $\frac{1}{4}$ Turn L & Sweep R

1-2      Twist both heels R (& Bend both knees), Recover  $\frac{1}{4}$  turn right sweeping RF back (3:00)  
3&4      RF step back, LF step next to RF, RF step forward  
5&6       $\frac{1}{4}$  turn right and LF step left, RF step next to LF,  $\frac{1}{4}$  turn right and LF step back, (9:00)  
&7-8       $\frac{1}{4}$  turn right and RF step right, LF point left,  $\frac{1}{4}$  turn left and RF sweep forward (9:00)

## SEC 2 R-L Cross Sambas, Cross $\frac{1}{4}$ , Side Shuffle

1&2      RF step forward, LF rock left, Recover on RF diagonally right (10:30)  
3&4      LF step forward, RF rock right, Recover on LF diagonally left (7:30)  
5-6      RF cross over LF, LF step back  $\frac{1}{4}$  turn right (12:00)  
7&8      RF step right, LF step next to RF, RF step right

## SEC 3 Weave, Point R, Volta Turn $\frac{3}{4}$ R

1-2      LF cross over RF, RF step right  
3-4      LF cross behind RF, RF point right  
5&      RF step forward, Ball of LF step next to RF  
6&       $\frac{1}{4}$  turn right and step RF forward (3:00), Step ball of LF next to RF  
7&8       $\frac{1}{4}$  turn right and step RF forward (6:00), Step ball of LF next to RF,  $\frac{1}{4}$  turn right and RF step forward (9:00)

## SEC 4 L-R Cross Rock Side, Step $\frac{1}{2}$ Turn R, L-R Stomps

1-2&      LF cross rock over RF, Recover on RF, LF step side left  
3-4&      RF cross rock over LF, Recover on LF, RF step side right  
5-6      LF step forward,  $\frac{1}{2}$  turn right and RF step forward (3:00)  
7-8      Stomp LF left, Stomp RF right