

# The 504

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Amanda Knox (USA) - March 2022  
音樂: Good Times Roll - Jimmie Allen & Nelly



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## [1-8]: R Fwd Rock, R Coaster Step, L Fwd Rock, L Coaster Step

12            Rock R forward (1), Recover to L (2)  
3&4         Step R back (3), Step L next to R (&), Step R forward (4)  
56            Rock L forward (5), Recover to R (6)  
7&8         Step L back (7), Step R next to L (&), Step L forward (8)

## [9-16]: Modified Rhumba Box

12            Step R right (1), Step L next to R(2)  
3&4         Step R forward (3), Step L next to R (&), Step R forward (4)  
56            Step L left (5), Step R next to L (6)  
7&8         Step L forward (7), Step R next to L, (&), Step L forward (8)

## [17-24]: L ¼ Hip Roll Pivot, L ¼ Hip Roll Pivot, Smooth Samba x2

12            Step R forward (1), Roll hips ¼ L weight ending on L (2)  
34            Step R forward (3), Roll hips ¼ L weight ending on L (4)  
5&6         Cross R over L (5), Rock L to L side (&), Recover weight to R (6)  
7&8         Cross L over R (7), Rock R to R side (&), Recover weight to L (8)

## [25-32]: 3/4 Walk Around, Pimp Walks x2

1234         Step R fwd making ¼ turn L (1), Step L fwd making 1/8 turn L (2), Step R fwd making 1/8 turn L (3), Step L fwd making 1/8 turn L (9) (9:00)  
5678         Step R over L as you dip down moving fwd (5), Step L fwd (6), Step R over L as you dip down moving fwd (7), Step L fwd (8)

Last Update: 29 Nov 2022

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