

# Ay Mi Vida

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
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音樂: Ay Mi Vida - Belle Perez



Intro: 16 Count

## (1-8) BOTAFOGO (2X), 1/2 R MAMBO TURN, LOCK SHUFFLE

1a2      Cross RF over LF, Rock L ball to L, Recover onto RF  
3a4      Cross LF over RF, Rock R ball to R, Recover onto LF  
5&6      Rock RF fwd, Recover onto LF, Turn 1/2 R stepping RF fwd  
7&8      Step LF fwd, Lock RF behind LF, Step LF fwd

## (9-16) SIDE ROCK WITH SWAY, CROSS, SIDE, CROSS, HIP BUMP(2X), COASTER STEP

1 2      Rock RF to R, Recover onto LF (Swaying hip RL )  
3&4      Cross RF behind LF, Step LF to L, Cross RF over LF  
5 6      Touch LF fwd diagonal L bumping L hip 2x  
7&8      Step LF back, Close RF next to LF, Step LF fwd

## (17-24) 1/4 L PIVOT, CROSS SHUFFLE, SIDE ROCK, 1/4 L SAILOR TURN

1 2      Step RF fwd, Turn 1/4 L weight on LF  
3&4      Cross RF over LF, Step LF to L, Cross RF over LF  
5 6      Rock LF to L, Recover onto RF  
7&8      Cross LF behind RF, Turn 1/4 L stepping RF to R, Step LF fwd

## (25-32) 1/4 L PIVOT, CROSS MAMBO, FULL VOLTA TURN

1 2      Step RF fwd, Turn 1/4 L weight on LF  
3&4      Cross Rock RF over LF, Recover onto LF, Close RF next to LF  
5&      Turn 1/4 L stepping LF fwd, Close RF next to LF  
6&      Turn 1/4 L stepping LF fwd, Close RF next to LF  
7&8      Turn 1/4 L stepping LF fwd, Close RF next to LF, Turn 1/4 L stepping LF fwd

**Restart : On wall 4 do 16 count and restart from beginning**

## Tag : After wall 8 add 2 Cruzados Walks

1      Make a big R step fwd weight on RF pushing R shoulder and R hip fwd  
2      Make a big L step fwd weight on LF pushing L shoulder & L hip fwd

Happy Dancing!

Contact [dibamunaf@gmail.com](mailto:dibamunaf@gmail.com)