

# Boom Gurl

拍數: 32      牆數: 4      級數: Improver  
編舞者: Nancy Strader (USA) - January 2022  
音樂: U Gurl - Walker Hayes



**Intro: 16 counts, start on lyrics**

**(1-8) Stomp R, side kick R, behind side cross, Stomp L, side kick L, behind side cross**

1,2            Stomp R, kick R leg to R side  
3&4           Step R behind L, step L to L side, cross R over L  
5,6            Stomp L, kick L leg to L side  
7&8           Step L behind R, step R to R side, cross L over R

**(9-16) Side rock R, R cross & cross diagonal shuffle to L, L rock recover, L toe behind 1/2 turn L, step L**

1,2            Step R to R side, step L to L side (shift weight from R to L)  
3&4           Cross R leg over L step R, L R diagonally to the L keeping legs crossed (11 o'clock)  
5,6            Step L forward diagonal, rock back on R  
7,8            Touch L toe behind, 1/2 turn to L, step on L (square up to 6 o'clock)

**Restart here on Wall 3 (facing 12 o'clock)**

**(17-24) R hip swing forward & back, R coaster step. L rock step, Sailor 1/4 turn L**

1,2            Step R swing hips forward & back  
3&4            Step R back, L together, step R forward  
5,6 &        Step L forward, rock back on R, swing L behind R quarter turning to the L  
7&8            Step back L, R together, step L forward (3 o'clock)

**(25-32) R kick & point, L kick & point, swing hips R, L, R, L (weight ends on L)**

1&2            Kick R leg forward, step R, touch L toe to L side  
3&4            Kick L leg forward, step L, touch R toe to R side  
5-8            Swing hips R, L, R, L (Style as you'd like!)

**RESTART: Begin wall 3 at 6 o'clock, dance 16 counts and restart facing 12 o'clock**

**Contact: [stradersmiles@gmail.com](mailto:stradersmiles@gmail.com)**

---