

Boom Gurl

拍數: 32 牆數: 4 級數: Improver
編舞者: Nancy Strader (USA) - January 2022
音樂: U Gurl - Walker Hayes



Intro: 16 counts, start on lyrics

(1-8) Stomp R, side kick R, behind side cross, Stomp L, side kick L, behind side cross

1,2 Stomp R, kick R leg to R side
3&4 Step R behind L, step L to L side, cross R over L
5,6 Stomp L, kick L leg to L side
7&8 Step L behind R, step R to R side, cross L over R

(9-16) Side rock R, R cross & cross diagonal shuffle to L, L rock recover, L toe behind 1/2 turn L, step L

1,2 Step R to R side, step L to L side (shift weight from R to L)
3&4 Cross R leg over L step R, L R diagonally to the L keeping legs crossed (11 o'clock)
5,6 Step L forward diagonal, rock back on R
7,8 Touch L toe behind, 1/2 turn to L, step on L (square up to 6 o'clock)

Restart here on Wall 3 (facing 12 o'clock)

(17-24) R hip swing forward & back, R coaster step. L rock step, Sailor 1/4 turn L

1,2 Step R swing hips forward & back
3&4 Step R back, L together, step R forward
5,6 & Step L forward, rock back on R, swing L behind R quarter turning to the L
7&8 Step back L, R together, step L forward (3 o'clock)

(25-32) R kick & point, L kick & point, swing hips R, L, R, L (weight ends on L)

1&2 Kick R leg forward, step R, touch L toe to L side
3&4 Kick L leg forward, step L, touch R toe to R side
5-8 Swing hips R, L, R, L (Style as you'd like!)

RESTART: Begin wall 3 at 6 o'clock, dance 16 counts and restart facing 12 o'clock

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