

For The Rest Of Your Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Trevor Thornton (USA) - March 2022
音樂: For the Rest of Your Life - Teddy Swims



Count In: 16 count intro

Notes: No Tags – No Restarts

[1 - 8] 1V STEP MODIFIED W/HOOK, TRIPLE FWD, STEP HALF TURN.

1 - 2 Step R fwd onto R diagonal (1), Step L fwd onto L diagonal (2). 12
3 - 4 Step R back to center (3), Hook L heel up to R knee (4). 12
5 & 6 Step fwd on L (5), Step R next to L (&), Step fwd on L (6). 12
7 - 8 Step fwd on R (7), Pivot ½ turn L (8). [Keep weight on R] 6

Styling On count 8- "sit back on R"

[9 - 16] BACK STEP TOUCHES X2, COASTER ¼ TURN L, HOLD, BALL CROSS.

1 - 2 Step back on L (1), Touch R toes fwd (2). 6
3 - 4 Step back on R (3), Touch L toes fwd (4). 6
5 & 6 Step L back (5), Step R beside L (&), Cross L over R making ¼ turn L (6). 3
7 & 8 Hold (7), Step R slightly to R (&), Cross L over R (8). 3

[17 - 24] ¼ TURN R, ¼ TURN R WITH HITCH, WEAVE R W/POINT, CROSS POINT.

1 - 2 Step R with ¼ turn R (1), Hitch L knee up, while making ¼ turn R (2). 9
3 - 4 Cross step L over R (3), Step R to R (4). 9
5 - 6 Step L behind R (5), Point R to R side (6). 9
7 - 8 Cross step R over L (7), Point L to L side (8). 9

[25 - 32] 2STEP L FWD, CLAP X2, PIVOT ½ R W/CLAP, FULL TURN FWD W/ BRUSH.

1 - 2 & Step fwd on L (1), Clap x2 (2&). Styling: Lean forward a bit on 1, clap down low. 9
3 - 4 Pivot ½ turn R (3), Clap up (4). [Weight should be on R]. 3
5 - 6 Step L fwd, making ¼ R (5), Making ½ turn R stepping back w/ R (6). 12
7 - 8 Step fwd w/L making ¼ turn R (7), Brush R next to L (8) [Ready to re-start dance]. 3

Option Easy option to replace full turn 5-8. Walk fwd L, R, L, w/R brush.