

No Fear

拍數: 64 牆數: 4 級數: Improver
編舞者: Sally Earle (UK) - March 2022
音樂: Because of You - Tony Hadley



INTRO- Fast 32 Count

Section 1- Right Forward Rock. Recover Right Shuffle Back . Left Back Rock, Rock Recover. Left Forward Shuffle

1-2 Rock forward on R. Recover weight to L
3-4 Shuffle back stepping back on R. step L beside R. step back on R
5-6 Rock back on L, recover weight to R
7&8 Shuffle forward stepping forward on L, step R beside L, step forward on L (12.00)

Section 2- Right Step Forward. Point Left. Left step forward. Point Right, Jazz box 1/4 turn R

1-2 Step forward on R. point L to L side
3-4 Step forward on L. point R to R side
5-6 Cross R over L, make 1/4 turn R. stepping back on L
7-8 Step R to R side .step L over R.(3.00)

Section 3 – Right Side. Left Behind, Right kick ball Cross, Right Side Rock Recover .Right Behind .Side .Cross

1-2 Step R to R side. cross step L behind R
3&4- kick R to R diagonal, step R beside L, cross L over R
5-6 Rock R to R side .recover weight to L
7&8- Cross step R behind L. step L to L side, cross R over L (3.00)

Section 4- Left Side. Right Behind. Left Kick Ball Cross. Left Side Rock. Recover. Left Behind. Side Cross

1-2 Step L to L side .cross step R behind L
3&4- kick L to L diagonal. step L beside R. cross R over L
5-6 Rock L to L side. recover weight to R
7&8- Cross step L behind R. step R to R side. cross L over R (3.00)

Section 5- Right Rock forward Recover .Shuffle 1/2 Turn Right .Left Rock Forward .Recover, Shuffle 1/2 Turn Left

1-2 Rock forward on R recover weight on L
3&4 Make a 1/2 shuffle turn R stepping R L R
5-6 Rock forward on L. recover weight on R
7&8 Make a 1/2 shuffle turn L. stepping L, R, L (3.00)

Section 6- Step 1/2 Turn Left. Step 1/2 Turn Left, Right Jazz Box

1-2 Step forward on R. make 1/2 turn Left
3-4 Step forward on R . make 1/2 turn Left
5-6 Cross R over L step back on L
7-8 Step R to R side .step L beside R (3.00) **R**

Section 7-Right Cross Side. Right sailor Step .Left Cross Side. Left Sailor Step

1-2 Cross R over L, step L to L side
3&4 Cross step R behind L. Step L to L side , Step R in place
5-6 Cross L over R . step R to R side
7&8 Cross step L behind R. step R to R side. step L in place (3.00)

Section 8- Right Forward rock . Recover. Right Coaster step. Left Forward Rock .Recover Left Coaster step

1-2- Rock forward on R. recover weight to L
3&4- Step back on R .Step L beside R. step forward on R
5-6 Rock forward on L recover weight to R
7&8 Step back on L .step R beside L .step forward on L (3.00)

****R **** During wall 2 - dance up to and including count 48, begin again

Thankyou Margaret Hunt for finding me this music

Last Update - 9 Mar 2022
