

King of the Mountain

COPPER **KNOB**
STEPSHEETS

拍數: 128 牆數: 3 級數: Phrased Intermediate
編舞者: Roy Verdonk (NL), Grace David (KOR) & Jef Camps (BEL) - March 2022
音樂: King of the Mountain - Louis II



Intro: 16Counts - Sequence: AABC AABC Tag C

PART A

SEC 1: Brush, Out-Out, Heel Bounces, Sailor ¼ Turn, Step Fwd, Flick, Step Back, Hook

1&2 RF brush forward, RF step out, LF step out Lift both heels, bring both heels down
&3&4 Lift both heels, bring both heels down, lift both heels, bring both heels down
5&6 ¼ turn R & RF cross behind LF, LF step side, RF step forward
7&8& LF step forward, RF flick behind LF, LF step back, RF hook across L

SEC 2: Rock Fwd/Recover, Shuffle ½ Turn, Scuff, ¼ Hitch, Side, Apple Jacks

12 LF rock forward, recover on RF
3&4 ¼ turn L & LF step side, RF close next to LF, ¼ turn L & LF step forward
5&6 RF scuff forward, hitch R-knee while making ¼ turn L on LF, RF step side
7& RF weight on heel & twist toes out while twisting L-heel in, bring feet back to center
8& LF weight on heel & twist toes out while twisting R-heel in, bring feet back to center

SEC 3: Side Rock/Recover, Ball, Side Rock/Recover, Cross, ½ Unwind, Modified V Step

12& RF rock side, recover on LF, close on ball of RF
34 LF rock side, recover on RF
56 LF cross behind RF, make ½ unwind turn L on LF
&7&8 Step into R diagonal on R-heel, step into L-diagonal on L-heel, RF step back, LF close

SEC 4: Heel Digs, Behind-Side-Cross, Heel Digs, Behind, ¼ Fwd, Step Fwd

1& RF dig heel diagonally forward, lift RF slightly and clap hands
2& RF dig heel diagonally forward, lift RF slightly and clap hands
3&4 RF cross behind LF, LF step side, RF cross over LF
5& LF dig heel diagonally forward, lift LF slightly and clap hands
6& LF dig heel diagonally forward, lift LF slightly and clap hands
7&8 LF cross behind RF, ¼ turn R & RF step forward, LF step forward

PART B (You do part A twice, so both times B starts facing 6:00)

SEC 1: Skates, Diagonal Shuffle, Skates, Diagonal Shuffle

12 Skate RF diagonally R forward, skate LF diagonally L forward
3&4 RF step into R diagonal, LF close next to RF, RF step into R diagonal
56 Skate LF diagonally L forward, skate RF diagonally R forward
7&8 LF step into L diagonal, RF close next to LF, LF step into L diagonal

SEC 2: Cross, Back, Chasse, Cross, Side, ¼ Coaster Step

12 RF cross over LF, LF step back
3&4 RF step side, LF close next to RF, RF step side
56 LF cross over RF, RF step side
7&8 ¼ turn L & LF step back, RF close next to LF, LF step forward

SEC 3: Kick-Ball-Step, Kick-Ball-Step, Rock Fwd/Recover, Coaster Step

1&2 RF kick forward, RF close on ball next to LF, LF step forward
3&4 RF kick forward, RF close on ball next to LF, LF step forward
56 RF rock forward, recover on LF

7&8 RF step back, LF close next to RF, RF step forward

SEC 4: Step Fwd, ½ Pivot, ¼ Chasse, Sailor Step, Hip Roll

12 LF step forward, make ½ turn R putting weight on RF
3&4 ¼ turn R & LF step side, RF close next to LF, LF step side
5&6 RF cross behind LF, LF step side, RF step side
78 Make an anti-clockwise hiproll over 2 counts (weight ends on LF)

PART C (Part C always starts facing 12:00)

SEC 1: Walks Fwd, Shuffle Fwd, Rock Fwd/Recover, Coaster Step

12 RF step forward, LF step forward
3&4 RF step forward, LF close next to RF, RF step forward
56 LF rock forward, recover on RF
7&8 LF step back, RF close next to LF, LF step forward

SEC 2: Step Fwd, ¼ Pivot, Cross Shuffle, Side Rock/Recover, ¼ Sailor Step

12 RF step forward, make ¼ turn L putting weight on LF
3&4 RF cross over LF, LF step side, RF cross over LF
56 LF rock side, recover on RF
7&8 ¼ Turn L & LF cross behind RF, RF step side, LF step forward

SEC 3: Walks Fwd, Shuffle Fwd, Rock Fwd/Recover, Coaster Step

12 RF step forward, LF step forward
3&4 RF step forward, LF close next to RF, RF step forward
56 LF rock forward, recover on RF
7&8 LF step back, RF close next to LF, LF step forward

SEC 4: Step Fwd, ¼ Pivot, Cross Shuffle, Side Rock/Recover, ¼ Sailor Step

12 RF step forward, make ¼ turn L putting weight on LF
3&4 RF cross over LF, LF step side, RF cross over LF
56 LF rock side, recover on RF
7&8 ¼ Turn L & LF cross behind RF, RF step side, LF step forward

SEC 5: V-Step, Point Out-In-Out, Behind-Side Cross

12 RF step diagonally R-forward, LF step diagonally L-forward

[Push both hands up while stepping out (up-up)]

34 RF step back, LF close next to RF

[Push both hands down while stepping back (down-down)]

5&6 RF point side, RF touch next to LF, RF point side

7&8 RF cross behind LF, LF step side, RF cross over LF

SEC 6: Sways, Chasse, Cross Rock/Recover, Chasse ¼ Turn

12 LF step side and sway L, sway R (start bringing both arms up sideways)
3&4 LF step side, RF close next to LF, LF step side (finish bringing both arms up)
56 RF cross over LF, recover on LF
7&8 RF step side, LF close next to RF, ¼ turn R & RF step forward

SEC 7: V-Step, Point Out-In-Out, Behind-Side Cross

12 LF step diagonally L-forward, RF step diagonally R-forward

[Push both hands up while stepping out (up-up)]

34 LF step back, RF close next to LF

[Push both hands down while stepping back (down-down)]

5&6 LF point side, LF touch next to RF, LF point side

7&8 LF cross behind RF, RF step side, LF cross over RF

SEC 8: Sways, Chasse, Cross Rock/Recover, Chasse ¼ Turn

- 12 RF step side and sway R, sway L (start bringing both arms up sideways)
3&4 RF step side, LF close next to RF, RF step side (finish bringing both arms up)
5&6 LF cross over LF, recover on RF
7&8 LF step side, RF close next to LF, ¼ turn L & LF step forward

TAG: Repeat following steps twice before moving into the last time part C

- 1& RF step diagonally R forward, clap hands & lift R-heel
2& Bring down R-heel, clap hands & lift R-heel
3& Bring down R-heel, clap hands & lift R-heel
4& Bring down R-heel, clap hands & lift R-heel
5& LF step diagonally L forward, clap hands & lift L-heel
6& Bring down L-heel, clap hands & lift L-heel
7& Bring down L-heel, clap hands & lift L-heel
8& Bring down L-heel, clap hands & lift L-heel

This dance is choreographed especially for the anniversary event of The Rio Grande dancers.

Contacts:

Roy Verdonk – royverdonkdancers@gmail.com

Grace David – poshtroy2010@hanmail.net

Jef Camps – littlejeff@hotmail.be
