

Ballade Pour Adeline

COPPER KNOB
BY SHEETS

拍數: 16 牆數: 4 級數: Improver
編舞者: Kim Eun Jung Cona (KOR) - March 2022
音樂: Ballade pour Adeline - Richard Clayderman



Intro: 8 counts

#1 Tag / No restarts

Tag (6& counts) : After end of Wall 3 (9:00), Wall 6 (3:00)

1 , 2& Step RF fwd and sweep LF from back to front, Step LF cross over RF, Step RF side
3 , 4& Step LF behind RF and sweep RF from front to back, Step RF cross behind LF, 1/4 Turn to L
and step LF fwd
5&,6& Rock RF back, Recover on LF, Step RF fwd and full turn to L, Step LF fwd

S1. FWD w/HITCH, FWD WALK L-R, FWD w/HITCH, BACK, 1/4 L SIDE, CROSS, 1/4 R BACK, 1/4 R SIDE, CROSS, 1/4 L BACK, 1/4 L SIDE

1 , 2& Step RF fwd and hitch LF, Walk LF fwd, Walk RF fwd
3 , 4& Step LF fwd and hitch RF, Step RF back, 1/4 Turn to L and Step LF side
5 , 6& Step RF cross over LF, 1/4 Turn to R and step LF back, 1/4 Turn to R and step RF side
7 , 8& Step LF cross over RF, 1/4 Turn to L and step RF back, 1/4 Turn to L and step LF side

S2. CROSS ROCK-REC, SIDE, CROSS ROCK-REC, 1/4 L FWD, FWD w/SWEEP, CROSS, SIDE, BEHIND w/SWEEP, CROSS, 1/4 L FWD

1 , 2& Rock RF cross over LF, Recover on LF, Step RF side,
3 , 4& Rock LF cross over RF, Recover on RF, 1/4 Turn to L and step LF fwd
5 , 6& Step RF fwd and sweep LF from back to front, Step LF cross over RF, Step RF side
7 , 8& Step LF behind RF and sweep RF from front to back, Step RF cross behind LF, 1/4 Turn to L
and step LF fwd

Thank you very much~!!

Kim Eun Jung Cona d1208ljh@gmail.com