Ballade Pour Adeline

級數: Improver

編舞者: Kim Eun Jung Cona (KOR) - March 2022

音樂: Ballade pour Adeline - Richard Clayderman

Intro: 8 counts

#1 Tag / No restarts

拍數: 16

Tag (6& counts) : After end of Wall 3 (9:00), Wall 6 (3:00)

- 1, 2& Step RF fwd and sweep LF from back to front, Step LF cross over RF, Step RF side
- 3, 4& Step LF behind RF and sweep RF from front to back, Step RF cross behind LF, 1/4 Turn to L and step LF fwd
- 5&,6& Rock RF back, Recover on LF, Step RF fwd and full turn to L, Step LF fwd

S1. FWD w/HITCH, FWD WALK L-R, FWD w/HITCH, BACK, 1/4 L SIDE, CROSS, 1/4 R BACK, 1/4 R SIDE, CROSS, 1/4 L BACK, 1/4 L SIDE

- 1,2& Step RF fwd and hitch LF, Walk LF fwd, Walk RF fwd
- 3,4& Step LF fwd and hitch RF, Step RF back, 1/4 Turn to L and Step LF side
- 5,6& Step RF cross over LF, 1/4 Turn to R and step LF back, 1/4 Turn to R and step RF side
- 7,8& Step LF cross over RF, 1/4 Turn to L and step RF back, 1/4 Turn to L and step LF side

S2. CROSS ROCK-REC, SIDE, CROSS ROCK-REC, 1/4 L FWD, FWD w/SWEEP, CROSS, SIDE, BEHIND w/SWEEP, CROSS, 1/4 L FWD

- 1,2& Rock RF cross over LF, Recover on LF, Step RF side,
- 3,4& Rock LF cross over RF, Recover on RF, 1/4 Turn to L and step LF fwd
- 5,6& Step RF fwd and sweep LF from back to front, Step LF cross over RF, Step RF side
- 7 ,8& Step LF behind RF and sweep RF from front to back, Step RF cross behind LF, 1/4 Turn to L and step LF fwd

Thank you very much~!!

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牆寠

牆數:4