

You and I

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Wiesye Baraoh (INA) - March 2022
音樂: You and I - Kenny Rogers



Intro: 32 counts

*3 Tags (after walls 2 & 5 tag 1, after wall 3 tag 2)

*2 Restarts (wall 4- 24 counts change step & wall 7- 14 counts change step)

Sesi 1 : Back Sweep, Weave R, Cross, ¼ Turn R (2x), Cross, Recover, Side, Cross, Recover

1 Step right back sweeping left from front to back
2 & 3 Step left behind right, step right to right, cross left over right
4 & 5 Cross right over left sweeping back to front, turn ¼ right step left back, turn ¼ right step right to right
6 & 7 Cross left over right, Recover on L, step left to left,
8 & Cross right over left, Recover on R

Sesi 2: Basic Night Club - Spiral ½ turn R – Side - Cross (2X)

1 2 & Step R to R side, Step Left behind Right, Recover on R
3 Turn ¼ Step Left back with hook Right across L and continue making ¼ R with R hooked
4 & Step R to R side, Cross Left over Right
5 6 & Step R to R side, Step Left behind Right, Recover on R
*Restart here on wall 7 change step - Step Right forward (5), Hold (6), Step back on L (&)
7 Turn ¼ Step Left back with hook Right across L and continue making ¼ R with R hooked
8 & Step R to R side, Cross Left over Right

Sesi 3: Side, Weave, Cross, Side, Back, Recover, ½ turn L, Back, Recover, ½ turn R

1 2 & 3 Step R to R side, Cross L behind R, Step R to R side, Cross L over R and sweep R from back to front
4 & 5 Cross R over L, Step L to L side, Step back on R
6 & 7 Recover on L, ½ turn L step back on R, Step back on L
8 & Recover on R, ½ turn R step back on L
*Restart here on wall 4 change step – No turn – Step L forward (&)

Sesi 4 : ½ turn R, Run (L,R,L with Low Kick Right), Back (R,L,R hook Left, Forward, ½ turn L, ¾ turn L, Forward, Recover

1 ½ turn R step Forward on R
2 & 3 Run Forward L,R,L with kick Right
4 & 5 Step back R, L, R hook Left
6 & 7 Step L forward, ½ turn left step back on R, ¾ turn left step forward on L
8 & Step forward on R, Recover on L

Tag 1 : Back - Recover

1 2 Step back on Right, Recover on L

Tag 2: Back - Recover (2X)

1 2 Step back on Right, Recover on L
3 4 Step back on Right, Recover on L

Contact : bwiesye@yahoo.com