Through My Eyes

拍數: 72

級數: Intermediate Fast waltz

編舞者: Val O'Connor (UK) - March 2022

音樂: Look Through My Eyes - Phil Collins

INTRO: 60 Counts On Waltz Beat (22 secs Approx)

STEP FWD R SWEEP LEFT, STEP FWD L SWEEP R, CROSS R, HITCH LEFT, HOLD, BACK L, HOOK R, HOLD

- 1-6 Step fwd R, sweep L from back to front over 2 counts, Step fwd L, sweep R from back to front over 2 counts
- Cross R over L to L diagonal, hitch L (raise on R), Hold 1 count, step back L, hook R in front 1-6 of L, Hold 1 count

STEP FWD R, ½ RIGHT BACK ON L, STEP R TOG, L COASTER STEP BACK, STEP FWD R, POINT L, HOLD, STEP FWD L, SWEEP R

- Step fwd R, turn ½ R step back on L, step R next to left, step back L, step R next to L, step 1-6 fwd L (facing 4.30)
- 1-6 Step fwd R, point L to left side, Hold 1 count, fwd L, turning 1/8 L sweep R from back to front over 2 counts (3)
- (WALL 3, RESTART AND CHANGE LAST 3 STEPS)

R OVER SIDE L, R BEHIND, SIDE L DRAG R, SWAY R AND SWAY L

- 1-6 Cross R over L, L to L side, cross R behind L, on L take long step to L, drag R to L over 2 counts
- 1-6 Sway to R over 3 counts stepping on R, sway to L over 3 counts stepping on L

TURN ¼ R ON R, FULL TURN R, CROSS L OVER R , POINT R TO R SIDE, HOLD, R AND L SAILOR STEPS

- 1-6 Turn ¼ R onto R, ½ R back on L, ½ R fwd on R, cross L over R, point R to R side, Hold for 1 count (6)
- 1-6 Cross R behind L, L to L side, step R to R side, cross L behind R, R to R side, step L to L side (RESTART WALL 6)

CROSS R TO L DIAGONAL. IN PLACE LR. STEP BACK L 1/8 R. IN PLACE RL. STEP R TO R DIAGONAL. IN PLACE LR, 1/8 L BACK ON L, IN PLACE RL

Cross R fwd to L diagonal, step in place LR, , turn 1/8 R step back on L, step in place RL (6) 1-6 1-6 Step fwd R to R diagonal, step in place LR, , turn 1/8 L step back on R, step in place LR

(OPTION: Cross R to L diagonal, hitch L, Hold, step back in place LRL, Repeat to R diagonal)

CROSS R. POINT L. HOLD. ½ L . POINT R. HOLD. R TWINKLE STEP. CROSS L. ½ L

- Cross R over L, point L to L side, Hold 1 count, 1/2 L step L to L side, point R to R side, Hold 1-6 for 1 count (12)
- 1-6 Cross R over L, rock L to L side, recover on R, cross L over R, ¼ L back on R, ¼ L step L next to R (6)

End Of Dance pattern (TAG END WALLS 1 AND 4)

TAG: END OF WALLS 1 AND 4 – Side R drag L to R over 2 counts, Side L drag R to L over 2 counts WALL 3 RESTART AFTER 24 COUNTS CHANGING LAST 3 STEPS

Dance first 21 counts then dance the next 3 counts like this:

4-5-6 Step back L, turning 1/8 R, point R to R side, Hold for 1 count

Restart from the beginning at Back Wall

RESTART: WALL 6 Dance first 48 counts then restart from the beginning (Front Wall)





牆數: 2