

Black Flowers

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hege Langhelle (NOR) - March 2022
音樂: Black Flowers - Frode Vassel



(1-8) out,out,hold,ballcross,rock,weave,ballcross,

1-2 Rf to R diagonal, Lf to L diagonal.
3&4 Hold, ball of Rf beside Lf, Lf cross Rf.
5-6 Rf rock R, recover to Lf.
7&8& Rf behind Lf, Lf step L, Rf cross Lf, Lf step L.

(9-16) cross,sweep,weave,sweep,back,together.

1-2 Rf cross Lf, Lf sweep back to front.
3-4 Lf cross Rf, Rf step R.
5-6 Lf behind Rf, Rf sweep front to back.
7-8 Rf step back, Lf beside Rf.

(17-24) prissywalks,rock,1/2,kickball.

1-2 Rf cross Lf, drag Lf beside Rf.
3-4 Lf cross Rf, drag Rf beside Lf.
5-6 Rf rock fwd, recover to Lf.
7-8& 1/2R Rf fwd, kick Lf fwd, ball of Lf beside Rf.(6.00)

(25-32) rockingchair,fwd,1/2pivot,3/4spinn.

1-4 Rf rock fwd, recover to Lf, Rf rock back, recover to Lf.
5-6 Rf fwd, 1/2 L weight on Lf.
7-8 Rf fwd, 3/4L on Rf.(3.00)

(33-40) side,hold,sway,sway,1/4,1/2,1/2,step,lock.

1-2 Lf step L ,hold.
3-4 sway R, sway L.
5-7 1/4R Rf fwd, 1/2R Lf back, 1/2R Rf fwd.(6.00)
8& Lf fwd, Rf lock behind Lf.

(41-48) sweep,crossrock,slide,sailor.

1-4 Lf fwd, sweep Rf back to front, crossrock Rf over Lf, recover to Lf.
5-6 Rf slide R, hold.
7&8 Lf behind Rf, 1/4L Rf beside Lf, Lf fwd.(3.00)

(49-56) lock,sweep,cross,1/4,1/4,sweep,cross,1/4.

&1-2 Rf lock behind Lf, Lf fwd, Rf sweep back to front.
3-6 Rf cross Lf, 1/4R Lf step back, 1/4R Rf fwd, Lf sweep back to front.(9.00)
7-8 Lf cross Rf, 1/4L Rf step back.(6.00)

(57-64) rock,1/2,1/4,1/4,hold,ballfwd.

1-4 Lf rock back, recover to Rf, 1/2R Lf back, 1/4R Rf fwd.(3.00)
5-6 1/4R Lf step L, hold.(6.00)
&7-8 Ball of Rf beside Lf, Lf fwd, hold.

Tag after walls 1,2 and 3:

(29 counts BUT only dance first 8 count after walls 1 and 2)

(1-8) 4 x basic nightclub with 1/4turn L

1-2& Rf step R, 1/4L Lf beside Rf, Rf cross Lf.
3-4& Lf step L, 1/4L Rf beside Lf, Lf cross Rf.
5-6& Rf step R, 1/4L Lf beside Rf, Rf cross Lf.
7-8& Lf step L, 1/4L Rf beside Lf, Lf cross Rf.

(9-16) basic,side1/2spinn,side,cross, repete from basic.

1-2& Rf step R, Lf behind Rf, Rf cross Lf
3-4& Lf step L and spin 1/2R, Rf step R, Lf cross Rf.

Repeat 1-4&.

(17-24) rock,1/2,fwd,rock,1/2,fwd,rock,1/2,basic waltz 1/1turnL.

1-2& Rf rock fwd, recover to Lf, 1/2R Rf fwd.
3-4& Lf rock fwd, recover to Rf, 1/2 L Lf fwd.
5-6& Rf rock fwd, recover to Lf, 1/2R Rf fwd.
7&a Lf fwd, 1/2L Rf back, Lf beside Rf.
8&a Rf back, 1/2L Lf fwd, Rf beside Lf.

(25-29) fwd,hitch,back,together.

1-5 Lf step, hitch Rf, hold, Rf slide back, Lf beside Rf.
