Sand in My Boots

拍數: 32　　　　牆數: 4　　　　級數: High Beginner

編舞者: Jamie Sweet (USA) - March 2022

音樂: Sand In My Boots - Morgan Wallen

#1 restart and 2 tags

ROCK R FORWARD, RECOVER, TRIPLE ½ TURN (X2)

1,2	Rock R forward, Recover weight to Left
3&4	¼ Turn right stepping right to right side, ¼ turn right stepping left next to right, step forward on right (shuffle ½ turn right)
5,6	Rock L forward, Recover weight to Right
7&8	¼ Turn left stepping left to left side, ¼ turn left stepping right next to left, step forward on left (shuffle ½ turn left)

SKATE FORWARD R, L, TRIPLE, SKATE FORWARD L, R, TRIPLE

1,2	Slide R foot forward and slightly to side in small curve and put weight on the right foot (1) Slide L foot forward and slightly to side in small curve and put weight on the left foot (2)
3&4	Step R forward, step L together, step R forward
5,6	Slide L foot forward and slightly to side in small curve and put weight on the left foot (5) Slide R foot forward and slightly to side in small curve and put weight on the right foot (6)
7&8	Step L forward, step R together, step L forward

CROSS ROCK, TRIPLE ¼ TURN, ½ TURN, ½ TURN, TRIPLE

1,2	Cross R over Left, Recover weight to Right
3&4	¼ Turn R stepping R forward, step L together, step R forward
5,6	½ Turn stepping back on Left, ½ turn stepping forward on Right
7&8	Step L forward, step R together, step L forward

(Alternate steps for count 5,6 walk Left, walk Right)

ROCK, RECOVER, SWEEP RF, SWEEP LF, ROCK STEP

1,2	Rock R forward, Recover weight to Left
3	Point right toe out and around from back to front, Step R
4	Point left toe out and around from back to front, Step L
5,6	Rock Step back on Right, Rock Forward onto Left

RESTART here during wall 8 3 o'clock

7,8	Rock Step back on Right, Rock Forward onto Left

TAG #1- After wall 1 (at end of dance) add this 2-count tag – 3 o'clock wall

1-2	Rock Step back on Right, Rock Forward onto Left

TAG #2- After wall 2 (at end of dance) add this 2-count tag – 6 o'clock wall

1-2	Rock Step back on Right, Rock Forward onto Left

RESTART on wall 8, do first 30 counts of dance, leave off count 31 & 32 then RESTART