

Somos Nada

COPPERKNOB
BY STEPHEN

拍數: 16 牆數: 2 級數: Intermediate / Advanced
編舞者: Guillaume Richard (FR) - December 2021
音樂: Somos Nada - Christina Aguilera



Intro: 8 counts from first beat in music. App. 10 secs. into track. Start with weight on L foot

Restart: During the 1st wall, do the 1st 12 counts, then add an extra 'a' count stepping L to L side. Now restart facing 12:00

Tags:

Tag 1: At the end of walls 2 (facing 9:00) and 5 (facing 3:00), add these next 2 counts

1-2& Turn ½ R stepping R fwd continuing with another ½ turn R sweeping L fwd (1), step down on L (2), turn ½ R keeping weight on L (&). Restart the dance with a 3/8 turn R

Tag 2: At the end of walls 4 (facing 9:00) and 7 (facing 3:00), add these next 4 counts

1-2& Same steps as Tag 1.

3-4 Rock on R fwd (3), Recover on L (4). Restart the dance with a 3/8 turn R

[1 – 8] Step & Sweep 1/8 turn, Step & Kick, Step back x3, ¼ turn, Recover, Step, Full Turn, Sweep, Cross Rock, ¼ R Step

1-2 Step R fwd and sweep L from back to front turning 1/8 R (1), Step L fwd and kick R fwd (2) 1:30

3&a Step R back (3), Step L back (&), Step R back (a) 1:30

4&a Turn ¼ L stepping L to L side and L arm open to L with bended elbow handpalm open (4), Open R arm to R with bended elbow handpalm open (&), Cross both arms in front of your chest and turn your head to L side looking over L shoulder (a) 10:30

5-6 Turn ¼ turn R as you recover on R (5), Step L fwd (6) 1:30

a7 Turn ½ turn L stepping R next to L (a), Turn ½ turn L stepping L fwd and sweep R from back to front turning 1/8 L (7) 12:00

8&a Cross R over L (8), Recover on L (&), Turn ¼ R stepping R fwd (a) 3:00

[9 – 16] ¼ R Side Rock Back, Side Rock Back, ¼ turn Step, ¼ turn Side Rock, Cross, ¼ turn Back Step, ½ turn Step, Step Fwd, ¾ turn Hitch, Step Touch, ¼ turn Step Touch, Step Fwd, ½ Turn

1&a Turn ¼ R stepping L to L side (1), Rock R behind L (&), Recover on L (a) 6:00

2&a Step R to R side (2), Rock L behind R (&), Recover on R (a) 6:00

3&a Turn ¼ turn L stepping L fwd (3), Step R fwd (&), Turn ¼ turn L as you recover on L (a) 12:00

4&a Cross R over L (4), Turn ¼ R stepping L back (&), Turn ½ turn R stepping R fwd (a) 9:00

5-a6 Step L fwd and turn ¾ R as you hitch R knee (5), Step R to R side (a), Touch L next to R (6) 6:00

a7 Turn ¼ L stepping on L fwd (a), Touch R next to L (7) 3:00

8-a Step R fwd (8), Turn ½ R stepping L next to R 9:00

To start again the dance, on the first count of the dance, keep turning and add ¾ turn R to do your 1st step facing the back wall 6:00