

Bai Mu Dan (白牡丹)

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 1 級數: Phrased Improver
編舞者: Sally Hung (TW) - March 2022
音樂: Bai Mu Dan (白牡丹) - Li Bi Hua (李碧華)



SOD: A B /A(24c) A B/ A(24c) A B/ A(20c) A(24c)

Intro: 16 counts, start to dance on the 1st heavy beat

SECTION A (32 COUNTS)

A1. SIDE TOGETHER SIDE DRAG (2X)

1-4 Step R to R, Step L together, Step R to R, Drag L towards R

5-8 Step L to L, Step R together, Step L to L, Drag R towards L

A2. VINE R W/ POINT, VINE L W/ POINT

1-4 Step R to R, Step L behind R, Step R to R, Touch L toe across R

5-8 Step L to L, Step R behind L, Step L to L, Touch R toe across L

A3. SWAY R (2 C), SWAY L (2C), ROCKING CHAIR

1-4 Step R to R side and sway R to R for 2 counts, Sway L to L for 2 counts

5-8 Rock R fwd, Recover onto L, Rock back on R, Recover onto L

A4. FULL CLOCKWISE TURN

1-4 Step R 1/4 turn R, Hold, Step L 1/4 turn R, Hold

5-8 Step R 1/4 turn R, Hold, Step L 1/4 turn R, Hold

SECTION B (64 COUNTS)

B1. SIDE, HOLD, CROSS, HOLD, SIDE, HOLD, BEHIND, HOLD

1-4 Step R to R, Hold, Step L across R, Hold

5-8 Step R to R, Hold, Step L behind R, Hold

B2. MIRROR STEPS OF B1

B3. SIDE, DRAG, SIDE, DRAG, SIDE, TOGETHER, FWD, HOLD

1-4 Step R to R, Drag L towards R, Step L to L, Drag R towards L

5-8 Step R to R, Step L together, Step R fwd, Hold

B4. SIDE, DRAG, SIDE, DRAG, SIDE, TOGETHER, BACK, DRAG

1-4 Step L to L, Drag R towards L, Step R to R, Drag L towards R

5-8 Step L to L, Step R together, Step L back, Drag R towards L

B5. ROCKING CHAIR, CHASE TURN

1-4 Rock R fwd, Recover onto L, Rock back on R, Recover onto L

5-8 Step R fwd, 1/2 turn L stepping L fwd, Step R fwd, Hold

B6. ROCKING CHAIR, CHASE TURN

1-4 Rock L fwd, Recover onto R, Rock back on L, Recover onto R

5-8 Step L fwd, 1/2 turn R stepping R fwd, Step L fwd, Hold

B7. R DIAGONAL FWD, DRAG, L DIAGONAL BACK, DRAG, SIDE-DRAG(2X)

1-4 Step R to R diagonal fwd, Drag L towards R, Step L to L diagonal back, Drag R towards L

5-8 Step R to R, Drag L towards R, Step L to L, Drag R towards L

B8. BIG STEP SIDE-HOLD-BEHIND-HOLD (2X)

1-4 Big step R to R side, Hold, Step L behind R, Hold
5-8 Big step L to L side, Hold, Step R behind L, Hold

Happy Dancing!

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