

Melody La La La

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Heru Tian (INA) - March 2022
音樂: Melody (Mavick Remix) - Sigala



Intro : 16 C - No Tag, No Restart

SECTION 1 : R SCUFF- R FWD STOMP- 1/4 TURN L HEELS SWIVEL- L ROCK BACK- L SIDE- HOLD- R BEHIND SIDE CROSS

1 2 3 Scuff Rf (1), Stomp Rf fwd (2), Swivel Both Heels make a ¼ turn L, facing 9.00 (3)
4&5 Rock Lf back (4), Recover on Rf (&), Step Lf to Side (5)
6 Hold
7&8 Cross Rf behind Lf (7), Step Lf to Side (&), Cross Rf over Lf (8)

SECTION 2 : L BIG STEP SIDE- HOLD- R CROSS ROCK - R SIDE - L CROSS - 1/2 UNWIND TURN R - R PRESS FWD- BODY ROLL- L RECOVER

1 2 Take a long step Lf to Side (1), Hold (2)
3&4 Cross Rf over Lf (3), Recover on Lf (&), Step Rf to Side (4)
5 6 Cross Lf over Rf (5), Make ½ unwind turn R (6) facing 3.00
7 8 Press Rf fwd , start body roll (7), Recover on Lf, end of body roll, seated position (8)

SECTION 3 : R BIG STEP BACK - L DRAG - L FWD SHUFFLE - R PIVOT 1/4 TURN L- R CROSS- L SIDE

1 2 Take a long step Rf back (1), Drag Lf towards Rf (2)
3&4 Step Lf fwd (3), Step Rf Next to Lf (&), Step Lf fwd (4)
5 6 7 8 Step Rf fwd (5), Pivot ¼ turn L, Step Lf in place (6), Cross Rf over Lf (7), Step Lf to Side (8) facing 12.00

SECTION 4 : R SAILOR SIDE - L TOGETHER - R SIDE POINT- HOLD- R FWD TOUCH- R SIDE TOUCH- R BEHIND TOUCH- 1/2 UNWIND TURN R- L TOGETHER

1&2 Step Rf behind (1), Step Lf beside Rf (&), Step Rf to Side (2)
&3 4 Step Lf Next to Rf (&), Point Rf to Side (3), Hold (4)
5 6 Touch Rf fwd (5), Touch Rf Side (6)
7&8 Touch Rf behind Lf (7), ½ unwind turn R (&), Step Lf Next to Rf (8) facing 6.00

Start again..

Thank you, Herutian79@gmail.com