

# 500 Miles

**COPPER KNOB**  
BY STEPHANIE

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Mark Wuyts (BEL) - March 2022  
音樂: I'm Gonna Be (500 Miles) - The Proclaimers : (Modified)



**Intro: 16 counts, start on vocals.**

**Side, touch, R & L; walk 3 to the R, touch;**

1-4                      Side R, touch L together, Side L, touch R together;  
5-8                      Turn ¼R walk 3, turn ¼L touch;

**Side, touch, L & R; walk 3 to the L, touch;**

1-4                      Side L, touch R together, Side R, touch L together;  
5-8                      Turn ¼L walk 3, turn ¼R touch;

**Coasterstep 4; turn ¼L – walk back 4;**

1-4                      Back R, close L, forward R, close L;  
5-8                      Turn ¼L – walk backward 4;

**Kick, step, 2x; twist 4;**

1-4                      Kick R, close R to L, kick L, close L to R;  
5-8                      Twist 4 (heels go R-L-R-L);

**Modified music: [https://youtu.be/OyKBd\\_AI-ml](https://youtu.be/OyKBd_AI-ml)**

**Or You can email me for the modified music: [melodia@telenet.be](mailto:melodia@telenet.be)**

**Happy Dancing !!**

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