

Three Sides

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - March 2022
音樂: Three Sides - Connie Smith : (Album: The Cry Of The Heart - Spotify / Apple Music)



(Start on the word "sides")

[S1] Fwd-Fwd-Fwd-Scuff, V Step

1 2 3 4 Walk forward on R-L-R (1 2 3), Scuff forward on L (4)
5 6 Step L diagonally forward to the left, Step R diagonally forward to the right
7 8 Step L back to the centre, Step R back to the centre

[S2] Back-Back-Back-Scuff, V Step

1 2 3 4 Walk back on L-R-L (1 2 3), Scuff forward on R (4)
5 6 Step R diagonally forward to the right, Step L diagonally forward to the left
7 8 Step R back to the centre, Step L back to the centre

[S3] 3x Paddle Turn L, Fwd, Touch

1 2 3 4 Step forward on R, Make a 1/4 turn left recover weight on L (9:00), Step forward on R, Make a 1/4 turn left recover weight on L (6:00)
5 6 Step forward on R, Make a 1/4 turn left recover weight on L (3:00)
7 8 Step forward on R, Touch L next to R

[S4] 2x Paddle Turn R, Fwd Rock, Back, Touch

1 2 3 4 Step forward on L, Make a 1/4 turn right recover weight on R (6:00), Step forward on L, Make a 1/4 turn right recover weight on R (9:00)
5 6 7 8 Rock forward on L, Replace weight on R, Step back on L, Touch R next to L

Tag at the end of Wall 3 (3:00) and Wall 7 (3:00) – R Rocking Chair

1 2 3 4 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

Ending suggestion: The last wall starts facing 9:00, dance up to S4 count 4 (6:00), then Rock forward on L (5), Recover weight on R (6), Make a 1/2 turn left stepping forward on L (7), Step forward on R (8) (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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