

Running Blind

拍數: 32 牆數: 4 級數: Improver
編舞者: Gudrun Schneider (DE) & Silvia Schill (DE) - February 2022
音樂: Running Blind - Michael Patrick Kelly



The dance starts after 16 counts with lyrics

TOUCH R, KICK R, BACK ROCK, ¼ TURN L – TOUCH L, ½ TURN R – TOUCH R

1-2 RF touch beside LF, RF kick diagonally forward
3-4 RF rock back, recover on LF
5-6 ¼ turn left – RF step back, LF touch forward (09:00)
7-8 weight on LF, ½ turn right – RF touch forward (03:00)

BACK ROCK R, CROSS, HOLD, SIDE BEHIND, HOLD, & CROSS ROCK

1-2 RF step back, recover on LF
3-4 RF cross over LF, hold
&5-6 LF step left, RF step behind LF, hold
&7-8 LF step left, RF cross over LF, recover on LF

CHASSE ¼ TURNING R, ROCK STEP, & STEP R, POINT L, CROSS BACK L, FLICK R

1&2 ¼ turn right – RF step forward, LF step beside RF, RF step forward (06:00)
3-4 LF step forward, recover on RF
&5-6 LF step beside RF, RF step forward, LF point left
7-8 LF cross behind RF, RF flick

CROSSING SHUFFLE, SHUFFLE ¼ TURNING R, ROCK STEP R, STEP ½ TURN L, STEP SIDE L

1&2 RF cross over LF, LF step left, RF cross over LF
3&4 ¼ turn right - LF step back, RF step beside LF, LF step back (09:00)
5-6 RF step back, recover on LF
7-8 ½ turn left – RF step back, LF step left (03:00)

TAG: after 9th round

JAZZ BOX WITH ¼ TURN

1-2 RF cross over LF – ¼ turn right, LF step back
3-4 RF step right, LF step forward

This dance was choreographed for our friends Conny and Bernhard on the occasion of their 15th anniversary !

Have Fun!

Contacts: -

gudrun@gudrun-schneider.com,
countrylinedancer@gmx.de
www.gudrun-schneider.com
www.country-linedancer.de

Music-Link:

iTunes (DE) - <https://music.apple.com/de/album/running-blind/1582465050?i=1582465053&l=en>
Amazon (DE) - https://www.amazon.de/dp/B09DDHP7JM/ref=dm_ws_tlw_trk1