

Caribbean Plans

拍數: 32 牆數: 4 級數: Improver
編舞者: Wil Bos (NL) & Colin Ghys (BEL) - February 2022
音樂: Caribbean Plans (Remix) (feat. Poupie) - Shaggy



Info : Intro 16 counts, Start at approx. 10 sec

SEC 1 Cross Rock, Side Rock, Weave, Side, Together, Step, Mambo ¼ Turn

1& Cross rock right over left, recover weight onto left
2& Rock right to right, recover weight onto left
3&4 Step right behind left, step left to left, cross right over left
5&6 Step left to left, step right beside left, step left forward
7&8 Rock right forward, recover weight onto left, turn ¼ right step right to right (3:00)

SEC 2 Weave, Sweep, Behind, Side, Forward, Shuffle, Step ¼ Pivot

1&2 Cross left over right, step right to right, step left behind right sweeping right from front to back
3&4 Step right behind left, step left to left, step right forward
5&6 Step left forward, step right beside left, step left forward
7-8 Step right forward, pivot ¼ left transferring weight onto left (12:00)

Restart Here on Wall 7

SEC 3 Step Lock Step, Vine, Cross & Heel & Cross, Side Shuffle ¼ Turn

1&2 Step right forward, lock left behind right, step right forward
&3& Step left to left, step right behind left, step left to left
4&5 Cross right over left, step left to left, touch right heel to right diagonal
&6 Step right beside left, cross left over right
7&8 Step right to right, step left beside right, turn ¼ right step right forward (3:00)

SEC 4 Step ½ Pivot Step, Step Touch, Step Touch, Syncopated Rocking Chair, Step, Together, Toe Split

1&2 Step left forward, pivot ½ right transferring weight onto right, step left forward (9:00)
3&4& Step right to right diagonal, touch left beside right, step left to left diagonal, touch right beside left
5&6& Rock right forward, recover weight onto left, rock right back, recover weight onto left
7& Step right forward, step left beside right
8& Split toes, recover to centre weight on left

Last Update – 2 Mar. 2022