

Come On Dance

拍數: 34 牆數: 2 級數: High Beginner
編舞者: Liselotte Øgaard (DK) - February 2022
音樂: Come on Dance - John Mcnicholl : (iTunes)



Intro: 10 Counts.

S1. Heel hook, Heel Flick, Shuffle Fwd. Point Point Sailor ¼. (L).

1&2& Right Heel fwd, Hook right up in front of left, Right heel fwd. Flick right backwards
3&4 Step fwd. on right, step left beside right, step fwd. on right.
5-6 Point left fwd. Point Left to left side
7&8 Cross Left behind right, turn ¼ (L) by stepping right to right, step left to left side.

S2. Heel Hook, Heel Flick, Shuffle Fwd. Point Point, Coasterstep.

1&2& Right heel fwd. Hook up right in front of left, Right heel fwd. Flick right backwards
3&4 Step fwd. on right, step left beside right, step fwd. on right
5- 6 Point left fwd. Point left to left side.
7&8 Step back on left, step right beside left Step fwd. on left.

On the 8 wall there is a step change and a restart. Instead of point point coaster, you do point point sailer ¼ left (12:00) and do the heel twist on 1&2& and then restart the dance.

S3. Shuffle Fwd. Step ¼ (R) Cross. Wine ¼ (R) Step ¼ (R) Cross.

1&2 Step fwd. on right, step left beside right, step fwd. on right.
3&4 Step fwd. on left. Turn ¼ right, Cross left over right.
5&6 Step right to right side, cross left behind, turn ¼ right, stepping fwd. on right.
7&8 Step fwd. on Left, turn ¼ right, Cross left over right.

S4. Full Rumba Fwd. Back Clap, Back clap, Back Rock, Stomp. Heel Twist x2.

1&2 Step right to right side, step left beside right, Step fwd. on right.
3&4 Step left to left side, step right beside left, Step back on left.
5&6& Step back right, clap your hands on &. Step back left Clap your hands on &.
7&8 Rock back on right, recover on left. And stomp right beside left.

Count 33/34. 1&2& Twist both heels right, recover heels, Twist both heels right, rec.

In the end of 5 wall. There is a 8 counts tag + 1&2& (6:00) 1-2 step fwd. right ½ turn (L) 3-4 step fwd. right ½ turn left. 5-8 Jazzbox, left together. And Twist both heels right, rec x 2 on 1&2&.

Ending - Last wall (12:00) Heel hock, heel flick, shuffle fwd.(R) (step change here) and do a heel hook, heel flick on left, shuffle fwd on left. And stomp RLR. (12:00).

Hope you N'Joy This dance – Have Fun ☐ Contact: dobiedeb@hotmail.com.