

Gold Buckle

拍數: 40 牆數: 2 級數: Improver
編舞者: Julie Heinrichs-Heisner (USA) - February 2022
音樂: What Happened to the Cowboy (EP Version) - Dez Hoston



R 2 steps forward, r shuffle, step L ¼ turn to the right, behind side cross

- 1-2 Starting on the R foot, step forward R then L
- 3 & 4 Shuffle forward R, L, R
- 5-6 Step with the L foot and turn a ¼ turn to the right
- 7 & 8 Step L behind R, step R to the R side, step L across the R foot

Sway R, behind side cross, step forward L, R knee up and step back sliding L heel

- 1-2 Step out with the R and sway hips out to the right
- 3 & 4 step R behind the L, then step out with the L, Step R in front of the L
- 5-6 step L forward and bring R knee up
- 7-8 step back with the R, slide the L heel back to the right foot

L coaster step, R lock step , L lock step, step R with a half turn L

- & 1-2 L back step, step R next to left and step L forward
- 3&4 Step right forward, lock left behind right, step R forward
- 5&6 Step left forward, lock right behind left, step L forward
- 7 Step R forward and turn a half to the left
- 8 Step R forward

Full turn, mambo R, mambo L , stomp R foot 2x

- 1-2 Full turn to the right
- 3 & 4 Mambo to the right
- 5&6 Mambo to the left
- 7 & Stomp R 2x
- 8 & Heel split and together

R foot kick ball cross, step R ¼ , step R forward and do full turn, coaster step

- 1&2 Kick R foot forward, step down on the ball of the R foot, cross the L in front
- 3-4 Step R out to the side, turn ¼ to the left
- 5-6 Step R forward and make a full turn to the left
- 7&8 L back step, step R next to left and step L forward

****2 restarts , 4th wall after the first 8 count , and 5th wall after 24 counts**
