

拍數: 32      牆數: 2      級數: Improver  
編舞者: Mathew Sinyard (UK) - February 2022  
音樂: Oh My God - Adele



**Intro: 16 Counts (10 seconds)**

**One Restart & One Tag**

**Section 1 Forward Rock, Side Rock, Coaster Step (x2).**

- 1 & 2 &      Rock forward on right, recover on to left, rock right to right side, recover on to left.
- 3 & 4      Step back on right, step left beside right, step forward on right.
- 5 & 6 &      Rock forward on left, recover on to right, rock left to left side, recover on to right.
- 7 & 8      Step back on left, step right beside left, step forward on left.

**Section 2 Bump & Step (x2), Mambo Step, Run Back L R L.**

- 1 & 2      Touch right forward whilst bumping right hip forward, bump left hip back, bump right hip forward stepping down on right.
- 3 & 4      Touch left forward whilst bumping left hip forward, bump right hip back, bump left hip forward stepping down on left.
- 5 & 6      Rock forward on right, recover on to left, step right slightly back.
- 7 & 8      Run back left, right, left.

**\*\*Restart Here Wall 2\*\***

**Section 3 ¼ Touch, Side Touch, ¼ Touch, Side Touch, Rhumba Box Back.**

- 1 & 2 &      Make a ¼ turn right stepping right to side, touch left beside right, step left to left, touch right beside left.
- 3 & 4 &      Make a ¼ turn right stepping right to side, touch left beside right, step left to left, touch right beside left.
- 5 & 6      Step right to side, step left beside right, step back on right.
- 7 & 8      Step left to side, step right beside left, step forward on left.

**Section 4 Skate, Skate, Diagonal Shuffle (x2).**

- 1 2      Skate forward right, skate forward left.
- 3 & 4      (Facing 6:00 shuffle to right diagonal) Step right to right diagonal, close left beside right, step right to right diagonal.
- 5 6      Skate forward left, skate forward right.
- 7 & 8      (Facing 6:00 shuffle to left diagonal) Step left to left diagonal, close right beside left, step left to left diagonal.

**Tag end of wall 4- Step pivot ¼ left (x2)**

- 1 - 4      Step forward on right, pivot ¼ turn left, step forward on right pivot ¼ turn left.

**Have Fun & Enjoy x.**

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