

Return to Sender

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maria Nix (DE) - February 2022
音樂: Return to Sender - Elvis Presley : (Album: Girls, Girls, Girls - 1962)



Intro: Start after 16 count, with "I gave a letter ...", no tag, no restart

S1: Triple step, right back rock, triple step, left back rock

1&2 step right with right foot, close left foot next to right foot, step right with right foot
3-4 step back with left foot with weight on left foot, right foot remains on place, put weight back on right foot
5&6 step left with left foot, close right foot next to left foot, step left with left foot
7-8 step back with right foot with weight on right foot, left foot remains on place, put weight back on left foot

S2: Right Step lock step, step ½ turn (6 o'clock), Left step lock step, step ¼ (3 o'clock)

1&2 step forward with right foot, cross left foot tight behind right foot, step forward with right foot
3-4 step forward with left foot, ½ turn facing 6 o'clock
5&6 step forward with left foot, cross right foot tight behind left foot, step forward with left foot
7-8 step forward with right foot, ¼ turn facing 3 o'clock

S3: Kick ball step, step lock step back right/left, back rock

1&2 kick forward with right foot, place right foot with weight on ball of foot, shift weight to left foot with step
3&4 step back with right foot, cross left foot over right foot, step back with right foot
5&6 step back with left foot, cross right foot over left foot, step back with left foot
7-8 step back with right foot with weight on right foot, left foot remains on place, put weight back on left foot

S4: Toe kick swivel, cross hold right/left

1-2 tip right toe next to left foot while turning both knees to the left at the same time, kick forward with right foot while turning both knees back
3-4 cross right foot over left foot and hold for another count
5-6 tip left toe next to right foot while turning both knees to the right at the same time, kick forward with left foot while turning both knees back
7-8 cross left foot over right foot and hold for another count

Repeat until the end
