

Quando Pieso

拍數: 32 牆數: 2 級數: Beginner
編舞者: Nung JP (INA) & Retno Wulan Sari (INA) - February 2022
音樂: Cuando Pienso Enti - Romantic Rumba Music



I. SIDE-CLOSE-FORWARD-HOLD-ROCK - FORWARD-RECOVER-BACK-HOLD

1234 Step R to right side, L together, R forward, Hold
5678 Rock L forward, Recover on R, Step L rock backward body weight on L, Hold

II. R BACK SWEEP-SIDE-CROSS-HITCH-1/4 LEFT JAZZ BOX TURN-TRANSFER WEIGHT

1234 Step R cross back behind L with sweep, Step L to side, Step R cross over L, L hitch with body facing diagonally
5 6 Step L cross over R, Step R back
7 8 1/4 turn left Step L to left side (body weight on L), Slide R to the left close L with toe, transfer the body weight to R (body weight on R)

III. ROCK FORWARD-RECOVER-BACK-HOLD- BACK-TURN 1/4 LEFT-SIDE

1234 Rock L Forward, Recover on R, Step L back with R sweep to side, Hold
5678 Step R back behind L with sweep body weight on R, Step L sweep from front to side, Turn 1/4 Left step L back with sweep, Step R to right side

IV. SIDE-INPLACE-SIDE- INPLACE-HIP SWAY- TOUCH

12&3 Step L to side, Step R together, Step L in place, Step R to right side
4 & Step L together, Step R in place
5678 Step L to side with Hip sway L,R,L, Touch R next to L

No Tag, No Restart

Enjoy the dance

Last Update – 3 Mar. 2022