

Time of My Life (Dirty Dancing)

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Roro Line Dance (INA) - February 2022
音樂: Dirty Dancing (Time of My Life) Remix - DJ Size Ft Kayna & J. Lourenzo Rocfam
Production & Fat Beats



Intro: 16 count

S1. SAMBA WHISK R & L, PIVOT TURN 1/2 LEFT, PADDLE TURN 1/4 LEFT

1 a2 Step R to side – Rock L behind R – Recover on R (12:00)
3 a4 Step L to side – Rock R behind L – Recover on L
5-8 Step R forward – Turn ½ left weight on L – Step R forward – Turn ¼ left weight on L (3:00)

S2. WALK BACK R & L, COASTER STEP, STEP, LOCK, FORWARD LOCK SHUFFLE

1-2 Step R back – Step L back (3:00)
3&4 Step R back – Step L together – Step R forward
5-6 Step L forward – Lock R behind L
7&8 Step L forward – Lock R behind L – Step L forward (3:00)

S3. CROSS SAMBA R & L, KICK BACK TOUCH, CROSS SHUFFLE

1&2 Cross R over L – Rock L to side – Recover on R (3:00)
3&4 Cross L over R – Rock R to side – Recover on L
5&6 Kick R forward – Step R together – Touch L to side
7&8 Cross L over R – Step R to side – Cross L over R (3:00)

S4. WALK FORWARD MAKE A FULL CIRCLE TURN RIGHT, SIDE MAMBO R & L

1-4 Turn ¼ right step R forward – Turn ¼ right step L forward – Turn ¼ right step R forward –
Turn ¼ right step L slightly forward (3:00)
5&6 Rock R to side – Recover on L – Step R together
7&8 Rock L to side – Recover on R – Step L together (3:00)

Option For Beginner Dancer:

MONTEREY

5-8 Touch R to side – Step R together – Touch L to side – Step L together

REPEAT

RESTART : On wall 5 & 8 after 16 count

For more info about step sheet & song, please contact:
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