

# Livin' It Up!

拍數: 32      牆數: 4      級數: Improver  
編舞者: Charlie Bowring (UK), Susan Duncan (USA), Rob Fowler (ES) & I.C.E. (ES) -  
February 2022  
音樂: That's How You Know You're Livin - Adam Warner : (Album: Big Storm - iTunes,  
Spotify etc.)



**Intro: 32 Counts (Approximately 17 Seconds) - Dance Starts On The Word "Rent"**

**S1 (1-8) ¼ Turn Right Heel Grind, Coaster Step, Step, ½ Ankle Hook Left, Step, Lock, Step 12:00**

1-2            Rock Forward On Right Heel Twisting Toes From L To R Making ¼ Turn Right, Recover On  
Left 3:00  
3&4           Step Back On Right, Step Left Next To Right, Step Right Forward  
5-6           Step Left Forward, Keeping Weight On Left Make ½ Turn Left Hooking Right Toes Behind  
Left Ankle

**(Alternative For Count 6: Replace The Hook Behind Left Ankle With A Low Hitch) 9:00**

7&8           Step Forward On Right, Lock Left Behind Right, Step Forward On Right

**S2 (9-16) Rock, Recover, ½ Turn Hip Bumps (L,R,L), ¼ Turn Hip Bumps (R,L,R), Sailor Shuffle**

1-2            Rock Forward On Left, Recover On Right  
3&4           ½ Turn Left Stepping Forward On Left Bumping Hips L,R,L 3:00  
5&6           ¼ Turn Left Stepping Right To Right Side Bumping Hips R, L, R 12:00  
7&8           Step Left Behind Right, Step Right Next To Left, Step Left Slightly Forward

**RESTART: On Wall 7, Dance Up To And Including Count 16 (Sailor Shuffle), Restart The Dance Facing 6:00**

**S3 (17-24) Step, ½ Turn Left, Triple ½ Turn Left, ¼ Turn Left, Vaudeville Cross**

1-2            Step Forward On Right, ½ Turn Left (Weight On Left) 6:00  
3&4            Make ¼ Turn Left Stepping Right To Right Side, Step Left Next To Right, Make ¼ Turn Left  
Stepping Back On Right (Triple ½ Turn R,L,R) 12:00  
5,6&7        ¼ Turn Left Stepping Left To Left Side, Cross Right Over Left, Step Left Next To Right, Right  
Heel Diagonally Forward 9:00  
&8            Step Right Next To Left, Cross Left Over Right

**S4 (25-32) Side Rock, Coaster Step, Step Swivel, Mambo Cross**

1-2            Rock Right Out To Right Side, Recover On Left  
3&4            Step Back On Right, Step Left Next To Right, Step Right Forward  
5&6            Step Forward On Left (5), Swivel Both Heels To The Left (&), Recover Back To Center (6)  
(Weight On Right)  
7&8            Rock Left To Left Side, Recover To Right, Cross Left Over Right

**Start Over**

**TAG: Chasse Right, Rock Back, Recover, Chasse Left, Rock Back, Recover (Lindy Right, Lindy Left)**

**At The End Of Wall 2 (Facing 6:00), Then Restart The Dance.**

**At The End Of Wall 4 (Facing 12:00), Then Restart The Dance.**

1&2           Step Right To Right Side, Step Left Next To Right, Step Right To Right Side  
3-4            Rock Back On Left, Recover On Right  
5&6           Step Left To Left Side, Step Right Next To Left, Step Left To Left Side  
7-8            Rock Back On Right, Recover On Left

**OPTIONAL**

**ENDING: On Wall 9, Dance The Entire 32 Counts Then Stomp Right On Count 1 To End The Dance. 12:00**

1              Stomp Right With Arms Open