

Reykjavik Swing

拍數: 32 牆數: 4 級數: Novice
編舞者: Lotta Trinse (SWE) - August 2020
音樂: Fröken Reykjavík - Friðrik Dór



Walk, walk*, mambo forward, triple turn left in place, kick ball cross

- 1-2 Walk right forward, walk left forward
3&4 Step right forward, weight back on left, step right slightly back on right diagonal
5&6 Step left ¼ to left (facing 9.00), step left ¼ back (facing 6.00), step right in place.
7&8 Kick right forward on right diagonal (7.30), step right ball next to left, cross left over right

Step flick*, Step flick *, turn 1/8 shuffle forward, step turn ½

- 1-2 Step right to right side, flick left behind right at the same time swivel slightly to the left on right foot (5.30)
3 4 Step left to left side, flick right behind at the same time swivel slightly to the right on the left foot (7.30)
5&6 Turn 1/8 right and step right foot forward, step left behind right, step right foot forward ((9.00)
7 8 Step left foot forward, turn ½ right, recover weight on right (3.00)

Full turn, press step, tap/pop ball step backward, anchor step

- 1-2 Turn ½ right on right foot, step left back, turn ½ right on left foot, step right forward
3-4 Press left forward, recover weight on right
5&6 Tap Heel/pop knee left foot in place, step left next to right, step right back
7&8 Step left slightly back, recover weight on right, replace weight on left

Tap forward, tap side, rock and side, tap forward, tap side, rock and side*

- 1-2 Tap right forward, tap right to right side
3&4 Rock right behind left, recover weight on left, step right to right side
5-6 Tap left forward, tap left to left side
7-8 Rock left behind right, recover weight on right, step left to left side

* Alternative for walk walk (most natural after first wall) is to collect right foot next to left in a tap/hold ball change to get a west coast swing "delayed" or "hitch" feeling.

* Alternative for step flick is for example step tap or sways or whatever you feel is right for you to get a feeling.

* Alternative for tap forward, side into rock and step is tap left forward, sweep left behind right then unwind a full turn in place over 2 counts.

Last Update: 27 Feb 2023