

Beautiful Body

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Elisabeth HS (INA) - February 2022
音樂: If I Said You Had a Beautiful Body - Steve Hofmeyr



Step Change on wall 12 section 2 count 7 and 8

SECTION I : RIGHT SCISSORS, LEFT SCISSORS

1 – 3 Step Rf to right, Lf next to Rf, cross Rf over Lf
4 Hold
5 – 7 Step Lf to left, step Rf next to Lf, cross Lf over Rf
8 Hold

SECTION II : STEP SIDE AND RECOVER, CROSS, ¼ TURN TO RIGHT, ¼ TURN TO RIGHT, AND SHUFFLE

1 – 2 Step Rf to right, recover on Lf
3 – 4 Cross Rf over Lf, Lf ¼ turn right step back Lf
5 – 6 Rf ¼ turn to right step side, cross Lf over Rf
7 & 8 Step Rf to right, Lf next to Rf, step Rf to right

***NOTE : STEP CHANGE ON COUNT

7 – 8 STEP Rf to right, close Lf next to Rf

SECTION III : STEP FORWARD AND BRUSH, HIP SWAYS

1 – 2 Step Lf forward, brush Rf forward
3 – 4 Step Rf forward, brush Lf forward
5 – 6 Step Lf forward with hip sway, sway back right
7 – 8 Sway L forward, touch Rf next to Lf

SECTION IV : STEP ¼ TO LEFT, ROLLING VINE TO LEFT

1 – 2 Rf ¼ turn to left , step Lf next to Rf
3 – 4 Rf to right, Lf touch to left
5 – 6 Lf ¼ turn left and step forward, Rf ½ turn left and step back
7 – 8 Lf ¼ turn left to side, touch Rf next to Lf

Finish, Enjoy

Last Update - 24 Feb 2022