

# Shake It

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jérôme Ciurana (FR) - February 2022  
音樂: Girls Love to Shake It - Love and Theft



**Déscriptif : on the lyrics or 15 sec do the dance at the end - CCW**

**[1-8] SIDE RIGHT, BEHIND LEFT, & HEEL & HEEL & STEP 1/2 TURN, LEFT TOE STRUT**

1-2            Step RIGHT to right side, Cross LEFT behind right  
&            Step RIGHT to right side  
3&4          LEFT heel forward, Step LEFT beside right, RIGHT heel forward  
&            Step RIGHT beside left  
5-6          Step LEFT forward, Pivot 1/2 turn right [6h]  
7-8          LEFT toe forward, Drop LEFT on floor {toe strut}

**[9-16] STEP TURN 1/4 TURN, JAZZ BOX CROSS, CHASSE RIGHT**

1-2            Step RIGHT forward, Pivot 1/4 turn left [3h]  
3-4          Cross RIGHT over left, Step LEFT back  
5-6          Step RIGHT to right side, Cross LEFT over right  
7&8          Step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side {chasse}

**[17-24] ROCK BACK, KICK BALL STEP, STEP 1/2 TURN, LEFT TOE STRUT**

1-2            Step LEFT back, Recover weight on RIGHT {rock step}  
3&4          Kick LEFT forward, Ball LEFT beside right, Step RIGHT forward {kick ball step}  
5-6          Step LEFT forward, Pivot 1/2 turn right [9h]  
7-8          LEFT toe forward, Drop LEFT on floor {toe strut}

**[25-32] ROCKING CHAIR RIGHT, CROSS POINT RIGHT & LEFT (WITH SHIMMY SHOULDER )**

1-2            Step RIGHT forward, Recover weight on LEFT {rock step}  
3-4          Step RIGHT back, Recover weight on LEFT {rock step}  
5-6          Cross RIGHT over left, Point LEFT to left side  
7-8          Cross LEFT over right, Point RIGHT to right side

**Style on compt 5 to 8 shimmy shoulder**

**SHAKE IT !!!!!!!**

**Les références des heures ne valent que sur le premier mur**

**Association spirit of country :**

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**<http://club.quomodo.com/spiritofcountry/bienvenue.html>**